



Clare Mount Department Long Term Plan Subject: Preparation for Adulthood

	Autumn Term 1st half term	Autumn Term 2nd half term	Spring Term 1st half term	Spring Term 2nd half term	Summer Term 1st half term	Summer Term 2nd half term
Year 11		Work and Careers	Work and Careers			
Lesson 1		Time Management and Organisation strategies	WEX preparation			
Lesson 2		Revision strategies – cramming and past papers	WEX preparation			
Lesson 3		Producing a revision timetable and creating the right environment for revising.	Pupils on Work Experience Placements.			
Lesson 4		How to apply for college	WEX Evaluation			
Lesson 5		What does a college interview look like	Imposter Syndrome – what is it and how does it affect us?			
Lesson 6		Mock college interview with peers	How to improve low self esteem			