



Clare Mount Specialist Sports College

Telephone: 0151 606 9040

www.claremountcs.co.uk



Clare Mount Specialist Sports College **NEWSLETTER**

Keeping You Informed, Connected and Involved

Edition: Summer Half-Term 1 2026





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- ...and much more!

KEY EVENTS

- May Half Term: 25 May 2026
 - INSET: 3rd July & 20th July
 - 2026
- Summer Holiday: 21 July 2026

REACH US

- 0151 606 9440
- schooloffice@claremount.wirral.sch.uk



Clare Mount Specialist Sports College

NEWSLETTER

Keeping You Informed, Connected and Involved



“ A MESSAGE FROM OUR HEADTEACHER

Mr D. Keefe

Dear Parent / Carer / Reader,

What a busy half term we have just had, filled with lots of exciting events and opportunities as you will see inside the following newsletter.

As you will be aware, we had an Ofsted Inspection on Tuesday and Wednesday this week under the new Ofsted Framework for the first time. If you want to understand the new process, then please see the toolkit link:

https://assets.publishing.service.gov.uk/media/690b26c69456634d9795fde0/Schools_inspection_toolkit.pdf

The assumption is now that every school should be at the expected standard with judgments made in the follow areas, with safeguarding judged as either met or not met.

- Inclusion
- Teaching and Curriculum
- Achievement
- Attendance and Behaviour
- Post-16 Provision
- Personal Development and Well-Being
- Leadership and Governance

It is up to a school to demonstrate whether they can then be judged as strong or exceptional in any areas only if they meet the expected standard first. Ofsted will publish an official report on their findings within the next 30 working days, which we will share with you as soon as we receive it.



I do want to say a massive thank you to parents/carers for all the supportive emails we received and overwhelmingly positive feedback you gave to the Ofsted survey. I also want to thank the staff for their professionalism and willingness to go above and beyond.

We have had a number of successful residential trips this half term, including Year 9s to Boreatton Park, Year 8s to Conway, and 72 pupils from Year 7 staying at Barnstondale – our biggest residential group ever! These are such essential experiences for our pupils to develop their independence, teamwork, communication and resilience skills, and this would not happen without the commitment of our wonderful staff.

As one parent emailed:

'I just didn't want the opportunity to pass to thank your incredible staff for the experience they gave to our young people last week. I am fully aware that staff give up their own time and leave their own families behind to give our children these opportunities, and I want them to know it is really appreciated and I am very grateful. Not only do the wonderful staff keep the children safe, they have real fun with them and allow them to grow.'

It is so important that parents and school work together, and this was something that was referred to as a 'golden thread' by inspectors. A prime example of this would be our staff and parents working together to raise money for the very first ski trip next March. A bonkers bingo night at Hoylake Rugby Club raised in the region of £2000! A special thank you to Mrs Holdgate for organising the event and allowing us to share some of her speech on the night:

'And then came Clare Mount... Amazing teachers, amazing friends, and a school community that has become like family to us. Our daughter now has a wonderful friendship group... We couldn't be happier. So, when a wonderful group of people told us they were so invested in our children that they wanted to give them this incredible lifetime experience, I knew I wanted to help in any way I could. You are giving our children an amazing experience, and what means the most is that you see them exactly as they should be seen, the same as every other child in a mainstream school. Because of the teachers at Clare Mount, nothing feels impossible. In that school, nothing is off the table.'

I could not agree more. All of us at Clare Mount truly believe in our vision of 'role models and catalysts for change,' and find our work extremely rewarding.



As you are aware, we have been nominated as a finalist in the Pearson Award for SEND and Inclusive Practice. Pupils and staff spoke to the judges online a few weeks ago, and I was blown away by them talking about relationships, belonging and well-being being at the heart of all we do. We will be notified of the outcome on Thank A Teacher Day, on the 17th June.

More recently, we had a guest in school doing a case study for GET SET – a resource which celebrates how schools use the Olympic and Paralympic values to promote physical activity and personal and social skills. Feedback included:

“Apart from being a very productive day it was also incredibly uplifting. Some things are definitely right with the world, like your school and all the people who make it what it is! I hope that the inspectors are as impressed as I was. Your best evidence is your pupils!”



This brings me to our young people who have been remarkable this half term. The Year 11s have approached the start of their exams with positivity and focus – we could not be prouder. Inspectors did also comment on the self-discipline and respect pupils showed on their visit, including being welcoming and holding doors open. It continues to be an immense privilege to be Head of this school and it is something I do not take for granted.

Enjoy the half term where I will be taking on my next challenge of the National 3 Peaks in 24 hours. Wish me luck!

Kind regards

Dan Keefe





Our Values - It's Our RIGHT

Respect - for yourself, others and our place.

Independence - **Taking responsibility** for yourself and your life, without being overly reliant on others.

Growth - **Embracing continuous learning, self-improvement and development.** It's about being open to new experiences, challenges and feedback, and using them as opportunities to evolve and become the best version of yourself.

Happiness - **Prioritising joy, well-being and fulfilment.** It's about finding positivity, contentment and meaning in life. Pursuing activities and being with people that bring you joy.

Trust - each other to do what we say we will do, be supportive and take responsibility for our own actions.





Clare Mount Celebrates Schools Cricket Day

With the ICC Women's T20 World Cup 2026 arriving on our shores this June and July, the excitement at Clare Mount reached fever pitch on April 23rd. Our school joined thousands of others across England and Wales to participate in the ECB's National Schools Cricket Day, bringing the spirit of the tournament directly into our classrooms and sports halls.

The goal was to inspire a love for the game by embedding cricket across the curriculum and our students certainly stepped up to the crease!

A Morning of Non-Stop Action

Our Year 8 students took center stage during the morning, diving into a high-energy "Cricket Carousel." Guided by our brilliant Year 10 GCSE PE Sports Leaders, the students rotated through four specialized zones:

- **Table Cricket (Dining Room):** A massive hit with the students! This inclusive version of the game focused on strategic play and rapid hand-eye coordination.
- **Kwik Cricket (Gym):** Fast-paced batting and high-speed teamwork.
- **Fielding & Batting Drills (Sports Hall):** Precision catching and power hitting drills to sharpen those T20 skills.



More Than Just a Sport: A Cross-Curricular Success

What made the day truly special was how cricket stepped outside the boundaries of the PE department. We were thrilled to see Performing Arts join the celebration!

Students explored the rhythm and movement of the game, proving that the grace of a perfect cover drive has a lot in common with performance. The combination of physical sport and creative expression allowed students to connect with the World Cup theme in a totally unique way.

"The Table Cricket was a particular highlight—it went down incredibly well and showed just how accessible and competitive the sport can be for everyone. Seeing the students engage through sport, english and the arts was fantastic!" — Mr Jones - PE Department



Year 10 Drama

The Year 10 drama students became the teachers when Orret's Meadow Year 4 students came to Clare Mount for an active drama workshop, delivered by our students. They led fun games and gave some fantastic performances. Well done Year 10!





Land-Based Skills Group

Our Land Based Skills group have been researching how to grow plants from seeds that we already have available in our kitchens.

We transferred seeds from a tomato and a pepper onto kitchen paper. We left them to dry out for two weeks then we replanted the seeds into little pots.

We were amazed to see that our experiment worked! We are now ready to move our small plants into bigger pots.



As well as the tomatoes and peppers, we planted some potatoes which have grown really well at the front of our school garden. The students have taken the time to add compost to the grow bags as the plants have grown, ensuring we get good strong plants. We look forward to June/July when we can harvest our crops.



Our garlic plants that we put out in November are growing well and will also be ready to harvest before the summer. These were taken from a shop-bought garlic plant that we let dry out for a few weeks before separating each clove and replanting.



Come and join us at the Wirral Coastal Walk to raise money for Autism Together!

Staff, parents, pupils and friends of Clare Mount are all invited to take part in the 2026 Wirral Coastal Walk on Sunday 7th June. We will be walking in aid of Autism Together, an incredible charity who support autistic people of all ages across the Wirral. Over 70% of our pupils have a diagnosis of autism, so by supporting Autism Together, we are helping to develop the services and opportunities that many of our pupils will access.



When: Sunday 7th June meet at Floral Pavilion, New Brighton at 9am (by the Autism Together stand)

Where: The Clare Mount team will all set off together from New Brighton but you can choose the distance you want to walk – 6km, 12km or the full distance of 20km.

Who: Everyone is invited! Staff, parents, pupils, friends and even dogs (on leads). It would be great to see as many families as possible walking together and raising money for such a great charity. All Clare Mount pupils must be accompanied by their parent/guardian.

Register: Use the link to register participation. There is a charge of £5 per adult and £1 per child under 10 years old. I have spoken to Wirral Rotary and they have agreed that all Clare Mount pupils under the age of 18 can also register as a child and only pay £1. Anyone who registers using this link will receive a free Autism Together T-shirt and water bottle on arrival at the Autism Together stand outside the Floral Pavilion.

<https://wirralcoastalwalk.org/charity/autism-together/>

Fundraising: Please use the link below to donate any sponsorship money to Autism Together:

[https://www.justgiving.com/page/claremountspecialistsportscollege?
utm_medium=FA&utm_source=CL](https://www.justgiving.com/page/claremountspecialistsportscollege?utm_medium=FA&utm_source=CL)



Year 7 Dive into Discovery at Blue Planet Aquarium

Year 7 students recently traded the classroom for an underwater adventure at Blue Planet Aquarium, Ellesmere Port. The day was a deep dive into marine biology, blending hands-on science with awe-inspiring spectacles.

The trip kicked off with a practical lab session, where students tested water samples from the main tanks to understand the chemistry required to sustain aquatic life. Moving from the lab to the tanks, the group enjoyed a rare opportunity to feed the Barombi fish, observing their unique feeding behaviours first hand.

Education was at the heart of the visit; an impactful workshop on the dangers of plastic pollution highlighted the urgent need for ocean conservation. The grand finale took place in the underwater tunnel, where students watched in silence as divers fed the sharks. It was a thrilling conclusion to a day that inspired a new generation of ocean guardians.





Clare Mount Careers

On Thursday 30th April, Autism Together invited Mr Rice and Mrs Spencer to attend the 'Together for Change' launch event at Egerton House in Birkenhead. The aim of this new initiative is to build long-term partnerships with organisations and businesses across Merseyside and Cheshire providing more employment opportunities for people with autism.



Autism Together have developed a programme called 'Pathway to Work' which aims to support autistic adults to gain meaningful employment experiences. During the event, guests listened to one of the current participants of the 'Pathway to Work' programme and his achievements working at Eureka Science and Discovery in Wallasey. We heard first-hand how being part of the workforce has increased confidence, resilience, self-esteem, social skills and independence skills, demonstrating the real difference the programme is making.

The event also featured guest speaker The Right Honourable Sir Robert Buckland KBE KC, author of The Buckland Review of Autism Employment. Sir Robert spoke candidly about his own experiences supporting his autistic daughter as she navigated the challenges of entering employment. His personal insight highlighted the importance of inclusive workplaces and the positive effect that employment can have on individuals and families.



The event was a great success and resulted in more local businesses pledging to work with Autism Together. This will be a huge benefit for our students moving onto the Pathway to Work programme in the future.



Cricket Academy

Just a short update from the cricket academy. We were due to play in the Warrington Tournament but due to the weather this was abandoned. However, due to being reigning champions of Cheshire, we have progressed to the Regional Finals on the 16th June. If we progress from this then we play in the National Finals at Leicestershire CC on the 2nd July.

Also the Knights Stokes cup against our mainstream counterparts of St Anselms, Calday, Wirral Grammar and Neston High School was abandoned at Neston CC due to the weather conditions. This will also be rearranged.

Alfie W and Euan W are now representing Cheshire's D40 Hardball team. They recently played Lancashire at Neston CC. Jack F, Callum H and Tommy W are also representing Cheshire this year.



Exciting times ahead for the cricketers!



Wirral Annual SEND Surveys

The Chair of the Local Area SEND Partnership Board has announced that Wirral's Annual SEND Surveys are now launching.

The surveys have been developed through our Local Area SEND Partnership and are designed to become a once-a-year opportunity for parents, carers, and children and young people with SEND to share their experiences in a clear, consistent way.

There are two surveys: one for parent carers and the other for children and young people. Both have been co-produced with families and young people, ensuring the questions reflect lived experience and focus on what matters most to those using SEND services.

The surveys will help to understand what is working well, where families continue to face challenges, and how recent changes are being felt on the ground. All responses will be analysed and published on SENDLO, demonstrating openness and transparency. Findings will be shared across partner organisations and will directly inform service improvement activity and strategic planning across the partnership.

Please let us know if you would like the school to send you the surveys. Support is available for anyone to take part, including Easy Read and paper versions. We have been assured that all feedback will be listened to and used.





School Meals

There will be an increase in the price of school meals from September 2026. Meals will increase to £2.60. This is the first increase we have made in several years, during which time we have absorbed rising food costs to keep prices stable for families.

Unfortunately, the significant increases in food prices mean we can no longer maintain the current price without compromising the quality and nutritional value of the meals we provide for your children. We have carefully reviewed our costs and kept this increase to the minimum necessary. Payments should be made, as before through the Arbor app.

We understand this may be difficult for some families, and we want to remind you about free school meal eligibility.



Changes to Free school meal eligibility

Over half a million additional pupils will become eligible for Free School Meals under the new eligibility criteria. The change means that all households receiving [Universal Credit](#), above the current £7,400 income cap, will qualify for this support.

When will these changes take effect?

The new eligibility will take effect in September 2026. Families receiving Universal Credit will be able to access free school meals starting from the 2026/27 school year. This will give schools time to prepare for the increased number of meals they'll need to provide.

How can I apply?

You can apply yourself, please visit the Wirral Free school meals page [here](#).

Alternatively, we are happy to apply for you. Please complete this short [Google Form](#).

If you would like to discuss school meals, please contact Julie Mason
j.mason@claremount.wirral.sch.uk



Personal Development & Well-Being

At Clare Mount we promote personal development and well-being, where well-being is at the heart of school life. Last term we had a big focus on movement (move well). This term our focus will be on health eating (live well). The next page shows our 'Menu of the Month' where we are sharing a healthy meal that can be prepared at home by families.





Menu of the Month

Miss B's Recipe of the Month Brain Boosting Superfood Fish Cakes



Eating oily fish, such as tinned salmon, gives your brain a boost of Omega-3. Omega 3 acts as the building blocks of the brain cells. Your body cannot produce them, so you have to eat them. You should aim for 2 portion of Omega 3 rich foods each week. Omega 3 keeps you focused, improves reading and memory, and helps your mind feel calmer, especially during stressful exam weeks.

Quick Brain Facts : Did you Know?

- **Focus Power:** Omega-3 acts like a volume control for your brain, helping students with ADHD dial down distractions and stick to their revision for longer.
- **Reading Speed:** For students with Dyslexia, healthy fish fats can help the brain process words more quickly and improve spelling accuracy.
- **Stress Relief:** Exams can be overwhelming; Omega-3 helps lower anxiety and supports social communication for students with ASC, making big changes in school routine easier to handle.
- **Memory Bank:** These fats build stronger connections in your brain, making it easier to store new facts and "find" them again during a test.
- **Fast Energy:** Your brain is actually about 60% fat; eating salmon is like giving it the high-quality building blocks it needs to run at top speed.





Menu of the Month

Miss B's Recipe of the Month Brain Boosting Superfood Fish Cakes

Ingredients



1 large tbs
tinned salmon



1 small piece of
leek finely diced



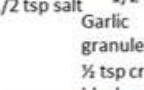
1 medium potato



1 egg
whisked



1/2 tsp salt 1/2 tsp
Garlic
granules



1/2 tsp crushed
black pepper



1 tbs
breadcrumbs



1 tbs flour



1 tbs oil

Salmon and Leek Fishcakes

 1. Wash the and cut into 2 – 3 cm cubes _ Leave the skin on. It adds fibre, flavour and nutrients	 3. Cover the potatoes with water	 2. Turn the hob and cook for approximately 15 minutes until softs	 4. Wash and finely dice the leeks. Put the, into your mixing bowl. You could add rocket, herbs, ginger, chilli The thinner the better
 5. Test the potatoes with a fork, if they are soft, they are ready	 6. Caution scalding hot water Drain the potatoes in a colander to remove all the water. Put back in the pan. To dry off	 7. Mas the potato then dd the sliced leeks and flavouring / seasoning to the potato and mix thoroughly	 8. Add the salmon to the potato mixture and stir through thoroughly. You can choose whether to blend smoothly or have rustic chunky mix
 9. Divide the mixture into 2 and shape into 2 even sized fish cakes and compress tightly using your hands	 10. Divide the mixture into 2 and shape into 2 even sized fish cakes	 11. Shallow fry, oven bake, air fry turn every 2 minutes until the centre reaches 75C Wash up & tidy away	

Skills;

Selecting equipment, measuring, boiling, portion control, shaping and forming, crumb coating shallow frying, baking, time management, nutritional profiling knowledge application hate waste

Dietary Information: Allergens, Gluten,

Nutrients

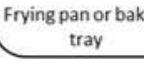


Modifications

Add cheese
Switch the fish
Change the veg
Use left overs
Get creative

Equipment


(Mixing bowl)
 
Plastic plate
 
Sauce pan
 
Chopping board
 
Sharp knife
 

Table spoon
 
Teaspoon
 
fork
 
Fish slice
 
masher
 
Frying pan or baking tray

Can you explain what any of these key terms mean?

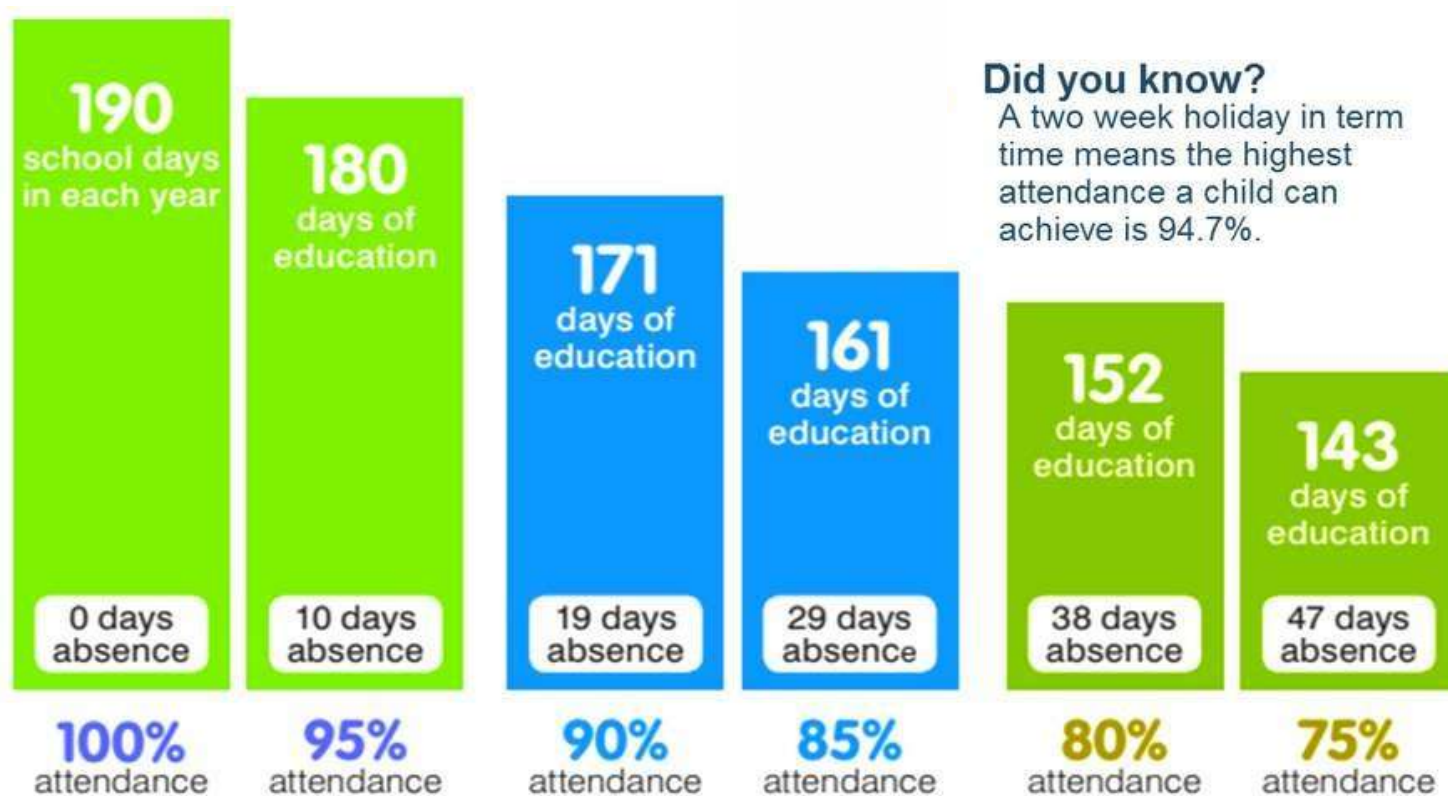
- food waste reduction
- Nutritional profile
- Bake
- Omega 3



Every Day Counts



If your child is experiencing emotional barriers to attending school please ensure you talk to the relevant people in school to see how we can support.



“Well Done”

“I’m worried”

“I’m seriously concerned”

Best chance of success

Poor attendance—less chance of success

Very poor attendance—serious impact on education and reduces life chances



Outdoor Theatre at Claremont Farm

This summer, Claremont Farm are hosting magical open-air performances, with proceeds helping Shelter support families and individuals facing homelessness across the region.

The performances are:

- **Pinocchio** – 31st May
- **The Three Musketeers** – 24th June



To make the events more accessible for local families, Shelter have offered our school community an exclusive 50% discount using the code: **WIRRALEDU**

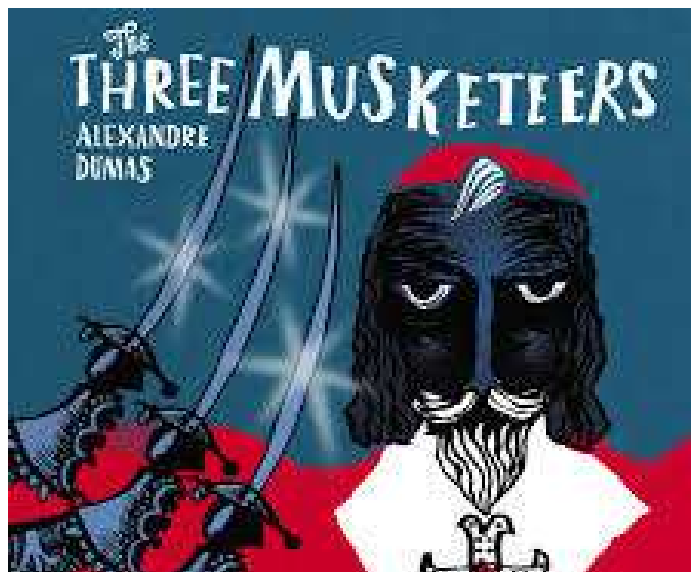
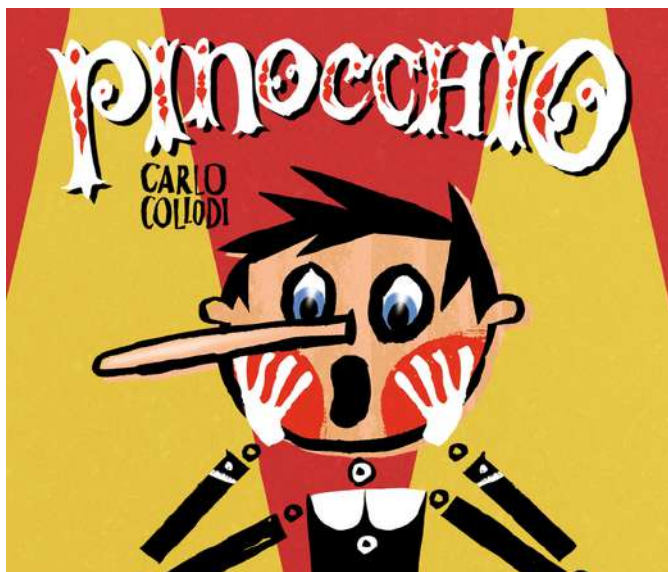
Families can simply enter the code when booking tickets online, or book using the following links:

- **Pinocchio:** www.eventbrite.co.uk/e/1977380414048/?discount=WIRRALEDU
- **The Three Musketeers:** www.eventbrite.co.uk/e/1977501239440/?discount=WIRRALEDU

The events are relaxed, family-friendly evenings set outdoors at Claremont Farm, and guests are encouraged to bring picnic blankets or camping chairs to enjoy the performances in a beautiful countryside setting.

Every ticket purchased helps Shelter continue providing advice, support and emergency help to people facing homelessness.

Shelter thanks you so much for your support - it really does make a difference.





Smartphone Free Childhood Wirral

We would like to share the details of the next Smartphone Free Childhood event for all school leaders on the Wirral. This is being hosted by Woodchurch High School on Friday 26th June at 10am.



SMARTPHONE FREE SCHOOLS WIRRAL

You are invited to attend the Smartphone Free Childhood Wirral event, taking place at Woodchurch High School on Friday 26th June at 10:00am.

WE BELIEVE CHILDHOOD IS TOO SHORT TO BE SPENT ON A SMARTPHONE

HELLO@SFCWIRRAL.CO.UK

BRIANNA GHEY LEGACY PROJECT



ESTHER GHEY

BUSA JUNIOR HEAD



MARYANNE RAMSBOTTOM

HEAD OF BIRCHWOOD COMMUNITY SCHOOL



EMMA MILLS

HEAD OF FENDER PRIMARY



CHARLES HEWITT

GENERATION FOCUS



CHARLOTTE ASHTON

MENTAL HEALTH DOCTOR



DR LAURA SPELLS

2026 EVENT

After the success of the 2025 event hosted by BHSA, we are continuing the collaborative work across schools, families, and community partners in response to the challenges children face in relation to smartphone and social media use.

Speakers include Esther Ghey, a campaigner for children's online safety and wellbeing, Charlotte Ashton of Generation Focus, Charles Hewitt, Head Teacher at Fender Primary School, Emma Mills, Head Teacher of Birchwood Community School and Maryanne Ramsbottom, the Head teacher at BHSA Junior School.

- ONLINE SAFETY
- SCREENTIME
- SOCIAL MEDIA
- DIGITAL WELLBEING
- MENTAL HEALTH
- CHILDREN MISSING OUT
- ALTERNATIVES
- SCHOOLS & SMARTPHONES
- STRATEGIES
- CONSULTING SCHOOL COMMUNITY

WHEN
Friday June 26th 2026, 10:00 to 12:40.

WHERE
Woodchurch High School, Carr Bridge Rd, Birkenhead, Wirral. CH49 7NG.

PROUDLY SUPPORTED BY maxweb

The focus of the morning is collaborative working across the Wirral. The hosts will be joined by an expert panel with diverse experience in children and families' use of social media and smartphones.

This event offers a valuable opportunity for schools, services and agencies to hear directly from professionals across a range of sectors, share perspectives and discuss practical strategies to strengthen the support we provide to children in our community.

If you would like to book a free ticket, please follow this link:

<https://www.eventbrite.co.uk/e/1987391392153?aff=oddttdtcreator>





Family Hubs Parent Carer Panel

HAVE YOUR SAY... JOIN WIRRAL'S PARENT CARER PANEL!

Are you a parent or carer of a child or young person aged 0–19 (or up to 25 with SEND)? We want to hear from you!

We're inviting parents and carers from all walks of life to join our Family Hub Parent Carer Panel and help shape the services that support families across Wirral.

Why get involved?

- Influence how services are designed and delivered
- Share your experience to help shape support that works for local families
- Help identify what's working, what's missing, and what could be better
- Meet other parents and carers like you

What you'll get

- A chance to connect with other families
- A say in projects and plans for Family Hubs
- Refreshments at every session
- A Family Hubs lanyard and membership ID

Ready to join in?

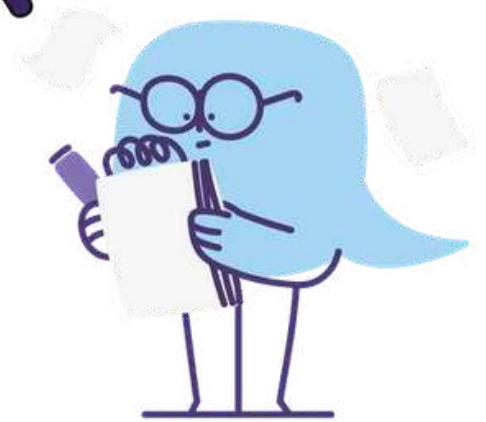
Scan the QR code or email us at familyhubs@wirral.gov.uk



MENTAL HEALTH COUNSELLING FOR CHILDREN & YOUNG PEOPLE

CCB can deliver aspects of Inclusion, Personal Development and Well-Being (part of the new Ofsted Framework) allowing every young person to belong & thrive.

We provide therapy for local primary, secondary and alternative education settings in multiple ways, including:



Qualified & Registered Therapists

offering therapeutic targeted support i.e. low mood, trauma, neurodiverse related challenges.



Bespoke Formats

1-1 or in small groups for peer support



Subsidised/
part funded
provision
available



Specialists in
therapy from
age

7+

Flexible Therapists

on site for fixed periods e.g. one day a week for a term.



Online CBT
Courses &
Signposting



For more information please email
contact@ccbmentalhealth.com or phone 0151 662 0715

INCLUSIVE BOXING COACHING

CCB can deliver aspects of Inclusion, Personal Development and Well-Being (part of the new Ofsted Framework) allowing every young person to belong & thrive.

Weekly inclusive boxing-style coaching sessions delivered on-site by our experienced & qualified boxing coaches.



Mental Health First Aider Trained



For groups of up to

10

SEND Friendly



Ideal for targeted groups e.g. vulnerable or disaffected



For girls and boys aged

8+

All equipment provided



For more information please email contact@ccbmentalhealth.com or phone 0151 662 0715

FINANCIAL LIFE SKILLS

Our 7-week programme for Young People covers:

Personal Banking



Savings & Investment



Loans & Credit Cards



Rent & Mortgages



Income Tax, NI & Budgeting



Pensions



CCB can deliver aspects of Inclusion, Personal Development and Well-Being (part of the new Ofsted Framework) allowing every young person to belong & thrive.

We have delivered to more than 800 students aged 14-19 across the Wirral, improving financial well-being, knowledge, confidence and decision-making.



61% of
young adults
surveyed 'did not
recall receiving any
financial education
in school.'

For more information please email contact @ccbmentalhealth.com
or phone 0151 662 0715



Term Dates

Summer Term 2026

Open

Monday 13th April to Friday 22nd May 2026

May Bank Holiday

Monday 4th May 2026

May Bank Holiday and half term

Monday 25th May to Friday 29th May 2026

Open

Monday 1st June to Monday 20th July 2026

INSET

School closed to students

Friday 3rd July 2026

INSET

School closed to students

Monday 20th July 2026

Summer holiday

Tuesday 21st July to Monday 31st August

INSET DAYS (school closed to students):

- Monday 1st September 2025
- Friday 28th November 2025
- Monday 5th January 2026
- Friday 3rd July 2026
- Monday 20th July 2026