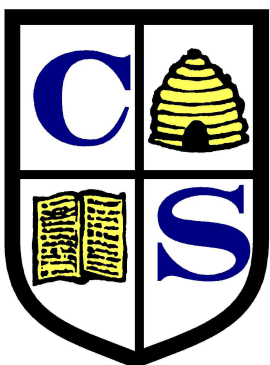


www.claremount.wirral.sch.uk

CLARE MOUNT

SPECIALIST SPORTS COLLEGE



Newsletter
No. 118
July 2015



Front Cover

North West Tag Rugby Competition

The school recently competed in the North West Schools Tag Rugby Tournament at Blackburn Rugby Club. Fourteen pupils represented the school ranging from Year 7 to Year 11. Both girls and boys competed in the event which turned out to be a good level of competition.

The school team started off really well winning all three of their group matches. Unfortunately after lunch we could not replicate our form and lost to the eventual winners and the third place play off. Our long term plan is to develop rugby talent for the future and this was achieved with Paul, Scott and Siobhan showing real talent and ability. The three Year 7 pupils of James, Keiran and Michael also showed great promise.

Well done to all involved!

Mr Stanley

Return to School for Students

Wednesday 2nd September 2015

Bungalow Pals Update

Hello from Bungalow Pals, the parent and carer group for Clare Mount School. We've been busy for the last few weeks helping school to organise the annual Summer Fair, which took place on Saturday 11 July. We are delighted to report that it was an amazing success this year! The weather was dry and bright, which meant that all the stalls and activities could be set up outside, and the atmosphere was lovely. The fair raised an astonishing £1900.

There are so many people to thank for their help in making the fair a success: all the school staff and parents who gave up their time both beforehand and on the day; all the businesses and individuals who donated prizes and items for sale; everyone who made the beautiful items for the craft and cake stalls... the list is endless! A very special mention must go to Mrs McCannon, who once again worked tirelessly to co-ordinate all the arrangements: you're a STAR!

Bungalow Pals will be meeting up again in Autumn Term, and we would love to have some new faces in our group. All parents and carers are welcome to attend, and there is no need to get involved in our fundraising activities if you don't want to. It's a great chance to meet up with others for a coffee and share experiences. Watch this space for details of our next meeting date!

In the meantime, we hope that everyone has a happy and peaceful summer break, and that the sun shines on us all. See you in September!

-----ooOOoo-----

Governor News

One of our School Governors, Peter Burgess, recently took part in the Liverpool – Chester – Liverpool Bike Ride. After collecting in all his sponsorship money he raised £213 which will be put towards the running costs of our School Minibuses. Thank you Peter.

-----ooOOoo-----

Year 11 and Sixth Form Results Day

Results Day this year is Thursday 20th August and Ms Evans (Assistant Headteacher) will be in school from 10am to 12noon to give out results to students who wish to come in to collect them. Otherwise, results will be posted home the following week. We are not able to provide results over the phone (as they may be misheard or misunderstood).

Good Luck everybody!

Dear Parents/Carers

Reflecting on my first year as Headteacher I can only come to one very obvious conclusion. Clare Mount has had an incredible year!

As a school we have not only received national recognition of our outstanding provision, received a prestigious E Safety award, achieved a much coveted accreditation from the National Autistic Society, to name only a few, but as a school we have grown and facilitated the development of our fabulous pupils to maximise their potential in our safe and pastoral environment. I am always incredibly proud when visitors remark upon how impressed they are by our school and I never tire of hearing them sing the praises of staff and pupils alike.

Culture and Creativity was the icing on the cake; a culmination of all the wonderful achievements and successes this year. Also worthy of mention is our Celebration of National Sports week which saw Olympians and Para Olympians coming into school to run workshops with pupils. We even had a camera crew from Sky Sports! Our recent Clare Mount Commonwealth Games was a magnificent event and it was a fantastic to take the whole school once again to the Oval. Even the weather was kind to us. This would not have been possible without the support and trust of our Parents and Carers. Thank you! Every student took part in what was a superb event. Well done to all Staff and Students.

Congratulations and huge thanks to the Bungalow Pals assisted by our Learning mentors and 'Summer Fair Committee', for a superb Summer Fair. It was a great day and they raised a fabulous £1,900. The event was really well organised, again the weather was kind and thank you to all Parents and Carers who attended and contributed. A special mention and thank you has to go to our school compere Owen Edwards who kept the whole fair flowing.

Thanks as ever to our supportive Governors for their valuable and continued support. Thanks too to our fabulous team of Sixth form prefects superbly led by Head Boy Owen Edwards. You have been fantastic ambassadors for our school.

Good luck to our Year 11 and Sixth Form leavers as they enter their next stage of their learning at college or work based training. We all wish you well in your new ventures.

We bid farewell this term to four members of staff: Mrs Abernethy, Miss McKay, Mr Corbett and Mrs Karas. We wish them all the very best for the future.

We look forward to welcoming several new members of staff in September. Mrs Chew, Head of Sixth Form and Teacher of Life Skills; Mrs Boyle, Teacher of Life Skills; Mr Waters, Teacher of English; Mr Blessing, Head of Mathematics; Mrs Cooper-Shone, Teacher of ASC and English.

Parents, please can I ask you to continue your excellent support of our uniform code and ensure pupils return to school on the 2nd of September looking their best.

I hope you all have a happy and relaxing summer holiday.

Kim Webster
Headteacher
July 2015

-----ooOOoo-----

Bon Voyage Mrs Abernethy

We say a fond farewell to Mrs Abernethy who is retiring after a long and professional career.

Mrs Abernethy joined Clare Mount twenty two (!) years ago as a Careers teacher. She has worked tirelessly over the years to ensure all our students feel highly supported in their learning and their 'next steps' to college and work placements.

Thank you to Mrs Abernethy and the very best of luck for the future.



An Egg-citing Time

Since half term it's been an egg-citing time in the Science Department as we've been incubating and hatching chicken eggs.

Initially the incubator was kept in Lab 3 where pupils were able to 'candle' the eggs to monitor the development of the unborn chicks.

Like human babies the chickens didn't arrive at a convenient time, however some pupils did actually witness two of the eggs hatching at lunch and after school on Wednesday 24th June. By the end of Thursday 11 out of 12 eggs had hatched.

Since then pupils have watched their development and been involved in weighing, cleaning and feeding the chicks.

The chickens have been used to teach lots of our Science topics in a different way, so pupils have studied life cycles, adaptations, food webs and genetics all from the starting point of a chicken.

The chicks have returned to Tam O'Shanter's Farm so if pupils wish to follow their development they can visit there during the summer holidays. Opening times for the farm and information about summer activities can be found on their website: www.tamoshanterfarm.org.uk



24th June the eggs starting to hatch.



The new arrivals – 1 day old



12 days old and developing wing feathers



Great excitement when pupils were allowed to hold the 5 day old chicks

Mrs Nokes

Stop Press – Tam O'Shanter's Farm will be holding Summer Holiday Activities commencing Tuesday 21st July and continuing to Friday 29th August. They will take place every Tuesday, Wednesday, Thursday and Friday (except Tuesday 4th August) from 1pm to 3pm.

Come along and have a great time.

Forum Housing collection

Thank you to all those who contributed to the final collection of treats for the Year 9 charity, Forum Housing. We have been collecting summer goodies such as juice, summer toys and even flip flops!

Have a good summer!

Miss Vicars and Year 9.



-----ooOOoo-----

Card Craft Club

Connor and Victoria from Year 7 regularly attend Card Craft Club.

During the past month they have been busy designing, making and selling 'Thank You' cards to raise money for Claire House.



-----ooOOoo-----

Dance Festival

Miss Hutchinson held a 'Dance Festival' here at Clare Mount this term. Over one hundred participants joined in including pupils from Clare Mount, Shadow Dance Academy, Holy Spirit Primary, Lingham Primary and Orrets Meadow Primary.

The festival was a great success and included a mass Zumba warm up on the yard, followed by performances from the Primary pupils in an 'All around the world' theme, some Contemporary and Street dance from Shadow Dance Academy, whole group singing session and a Sixth Form performance at the end!

Well done to everyone who took part, what a way to celebrate all your hard work!

Learning for Life's Adventures

Thirty five students from the Sixth Form and Year 9 enjoyed a wonderful time at the Calvert Trust in the beautiful Lake District.

The adventure began in Windermere where we had a picnic under a lovely leaf sculpture overlooking the lake. We continued our journey onwards to Keswick. After unpacking bulging suitcases we assembled into our groups to discuss the week's exciting activities and check out the delicious menu.

Whilst there the groups had the opportunity to embark upon a series of great adventures involving climbing a rock face and abseiling, hiking across the hill tops in the rain and canoeing across the lake, scrambling up ghylls and through waterfalls. One group even went sailing and nearly tipped Miss MacLean and Miss Manley in the water! The adventures didn't stop there; groups went horse riding and tried their hand at archery, although not at the same time!

We also got stuck into bush craft, which meant building and lighting a small fire, drinking hot chocolate and toasting marshmallows. Students were then given clay and made art on the bark of the forest trees using twigs and leaves. The evenings were finished off with chill out time, sports or a fantastic time in the heated swimming pool complete with under water lights and music! After all this there was a chance to bust some moves and party on down at the disco.

One group of sixth formers even managed to find the time to nip back to school and take a maths exam! The week was concluded with a visit to Keswick town centre and the best sweet shop ever!

All the students exhibited excellent social skills and looked out for each other. Everyone had a go at all of the activities and people tried new foods. The behaviour of the whole group was superb and was commented on by the centre staff who are always delighted to have Clare Mount students to visit.

I hope the students will look back at what they learned about each other and themselves, and use it for life's further adventures!

Miss Vicars



Year 10 Geography

Year 10 GCSE geography went to New Brighton to look at the impact of tourism and the new £60 m developments that have been recently built. The day was a great success with lots of visitor questionnaires completed and a rigorous environmental survey carried out by the students. A survey of Ice cream quality was also very successful.

Mr Jones



History in the sun

Not to be outdone the History department took all of our Year 7 students to Chirk Castle, near Wrexham. This was the first time that Mr Jones was allowed to join the Historians, a very exciting time for him!



Students also took part in a re-enactment of the Battle of Hastings in school. No animals or students were harmed in the making of the re-enactment!



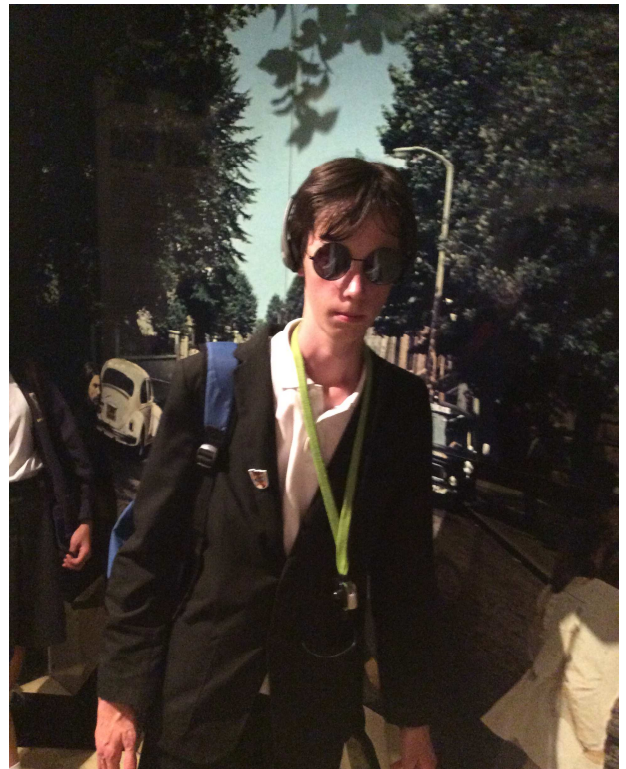
The Beatles Story

Year 9 travelled by train to Liverpool to visit The Beatles Story at the Albert Dock as part of their Music Curriculum enhancement. The venue takes visitors through the lives and careers of the Fab 4. James said, "It was very interesting and I liked the part with the Cavern. We partied in there!" Adam said "It felt like a time machine when we went through the tunnel in the museum."

Included in the trip was the 4D experience. Jamie said "Each step into the 4D cinema had Beatles song titles on."

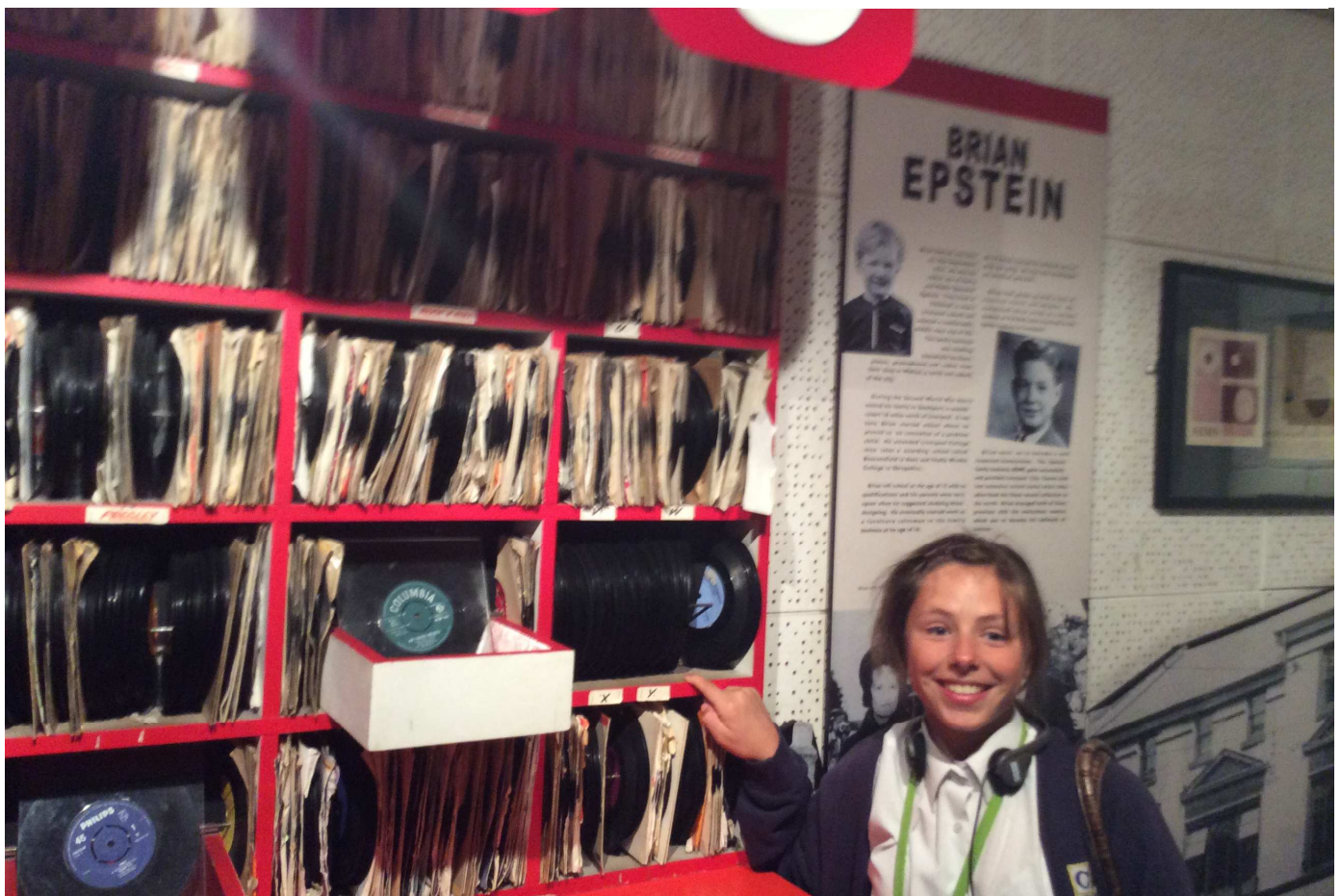
A big thanks to all those staff involved.

Miss Maclean & Miss.Vicars



James on Abbey Road.

Paige checks out the vinyl.



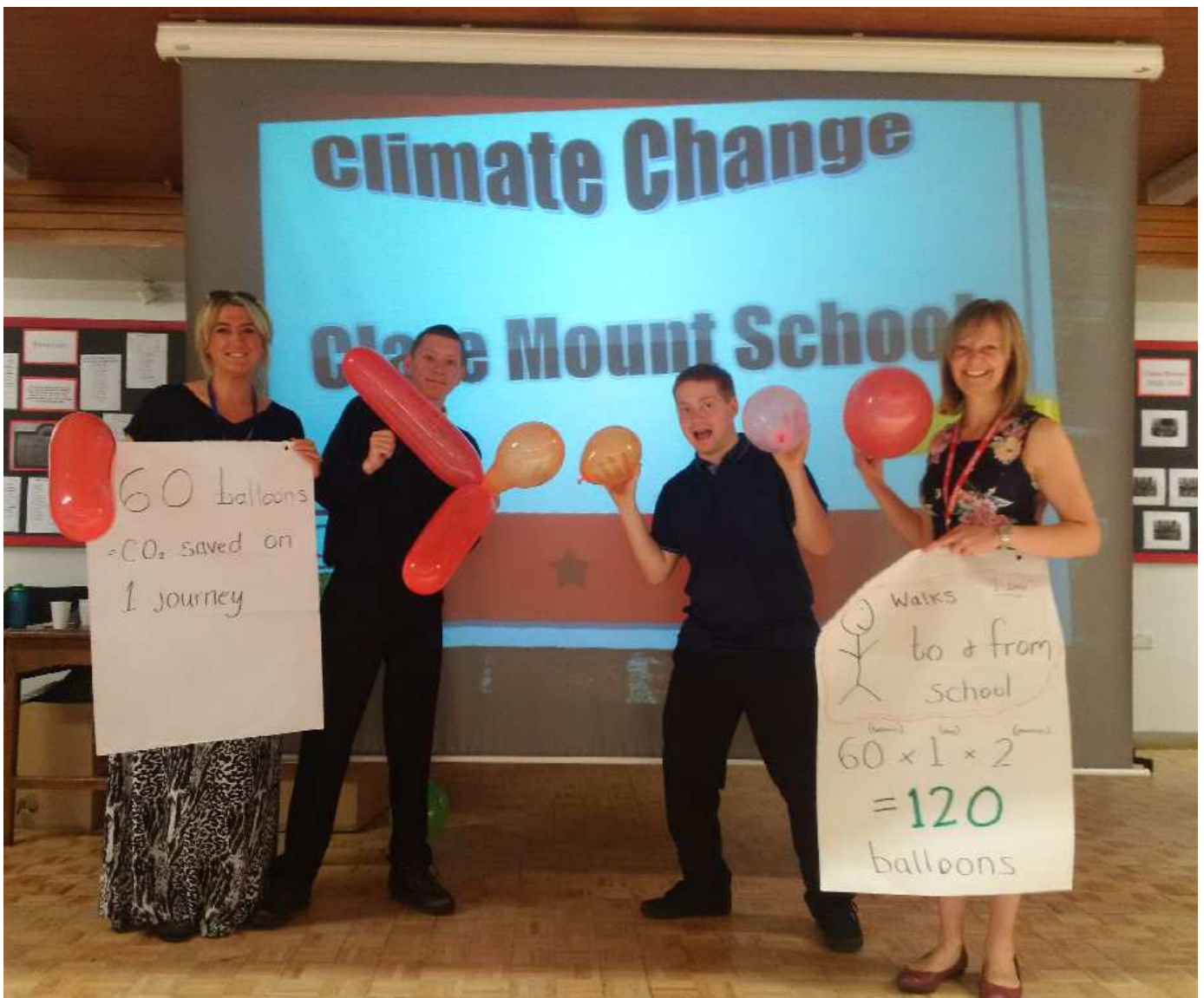
Climate Change Conference

Owen and Matthew were accompanied by Mrs McCannon to Kingsway Academy earlier this month to represent the school at the Wirral Climate Change Conference. Our presentation was given to over 200 people and we discussed how Clare Mount has supported the move to reduce our carbon footprint and save our planet.

As a school we have supported this in a variety of ways including having more pupils than ever becoming independent travellers therefore reducing the number of minibuses we have out at any one time.

We are proud of our achievements and how we continue to help reduce our carbon footprint and help save our planet.

Mrs McCannon



Work Experience

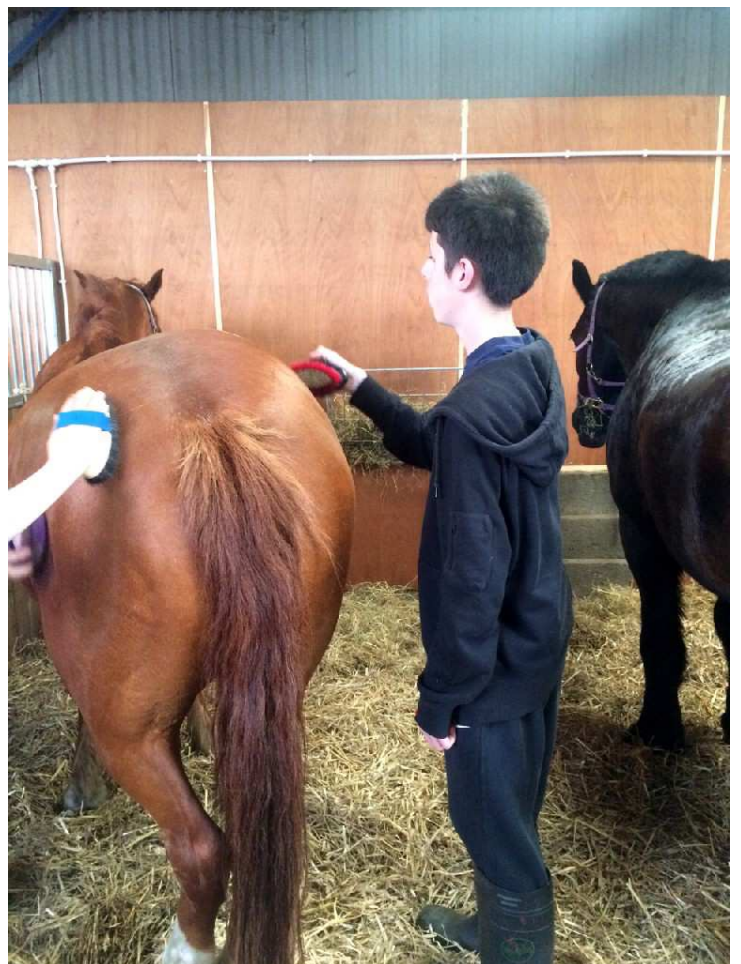
The Farm Group this year had a fantastic two weeks filled with a great variety of interesting activities ranging from grooming horses and goats to holding snakes and frogs to having a tour around Dogs' Trust, Northop College and a working dairy farm.

The group worked really hard and had a real life experience of what it takes to work in Animal Care. The pupils looked after a range of different animals of all different sizes.

Although at times the group found the amount of cleaning out difficult (especially with all the poo) they found a sense of achievement and pride once each task was completed.

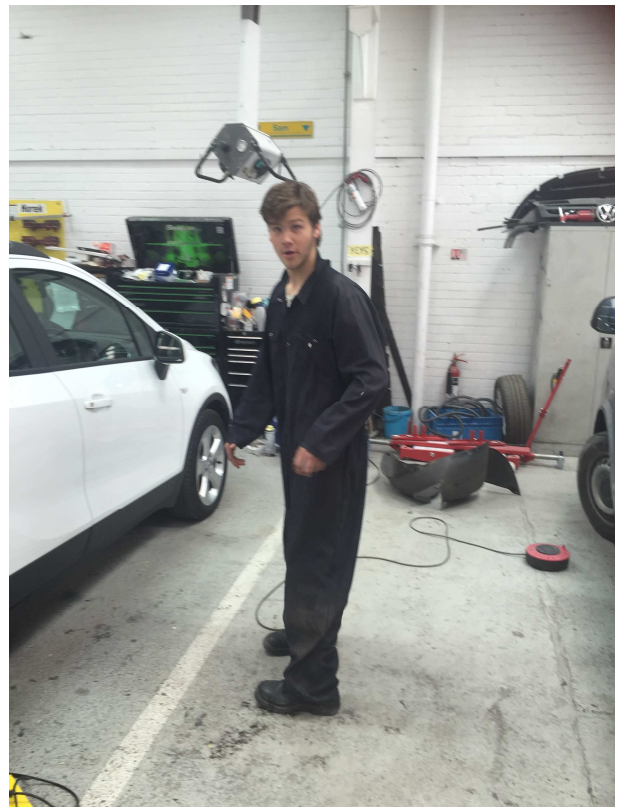
Well Done Year 11!

Mrs Neill



More Work Experience

Not just in animal care, our Year 11s and Sixth Formers took their work experience in many different places.



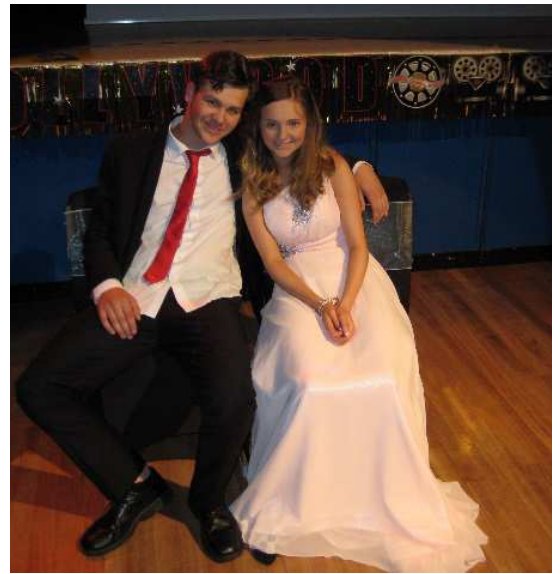
Prom Night

Thursday 16th July saw Clare Mount open its golden doors to our Year 11 and Sixth Form Prom attendees.

The school hall was transformed; there was a bit of Hollywood glamour mixed in with some James Bond class. Students and staff pulled out all the stops and, in true James Bond style, were dressed to kill!

No Prom is complete without a King and Queen and this year's winners were Richard and Bethany— well done!

A massive thank you to all staff who helped to make this such a fantastic, memorable night – same again next year?



Merseyside Athletics

Clare Mount was represented by nine students at this year's Merseyside Athletics Event.

The team of Henry, James, Connor, Kieran, Siobhan, Harry, Scott, Jade & Nikita produced some excellent performances throughout the day demonstrating excellent sportsmanship, determination, courage and friendship.



Notable performances came from Connor who was in the lead in the Shot Putt until the very last throw and finished with a silver medal.

In the Javelin, having never even thrown one before, James earned himself a very commendable silver medal as he was beaten into second place by our very own Scott who was crowned Merseyside Champion.

Great effort team.



Sainsbury School Games Mark

For the third year in a row, Clare Mount has retained its Gold School Games status. To achieve this Clare Mount offers a minimum 2 hours Physical Education a week on every pupil's timetable. This is also supported by the numerous extra-curricular activities that are also offered.



There are also strict criteria to the number of competitions that have to be competed in at Level 1 in school and Level 2 against other schools. Clare Mount has exceeded the criteria with over 60% of students engaging in extracurricular activities and over 40% are leaders and officials at many of these competitions.

So far on Wirral there are only 3 schools with Gold Games Mark status, all of which are feeder schools to Clare Mount. We already have plans in place to ensure that Clare Mount achieve Gold Games Mark for the next academic year.



Wirral School Games

Indoor canoeing

National School Sports Week was an extremely busy and exciting time. Clare Mount started the week with a 'Give me 5' challenge, we asked every student to try and complete 5 hours of physical activity over the week. There was lots of things to choose from Zumba, fitness, The Golden Mile, Cross Country, Rounders and much more.



Clare Mount hosted the first event of NSSW, Indoor Canoeing. Year 8 were given the opportunity to try a new Inclusive sport that allowed them to develop their canoeing skills. They were able to try a dry



slalom, speed paddle, forward and backwards paddling as well as bracing and draw strokes.

The Year 8's had a great morning and were able to compete against Orrets Meadow who were extremely talented indoor paddlers. Well done to all of those who tried Indoor Canoeing, they can't wait to try it again next time.

Swag golf

On Wednesday 23rd June, Wirral School Games offered a morning of SWAG Golf challenges as part of NSSW at Arrowe Park Golf Course. Clare Mounts Year 11 Sports Leaders took part in the event. Recently they have been organising competitions for the Year 8s as part of their Sports Leaders course.

The morning consisted of 6 stations which all scored points. Each station had a School Games and Golf Value linked to it such as determination, perseverance, honesty, integrity, sportsmanship, confidence, courtesy and judgement. Each station was a new challenge which allowed the competitors to think about their actions when playing.

The Clare Mount team competed against Woodchurch High School and Orrets Meadow. Competition was fierce and the Year 11 Sports Leaders represented Clare Mount with pride.



Inclusive quadkids

Year 7 and 8 took part in an Inclusive Quadkids competition at The Oval. Quadkids is an athletics event consisting of 4 events where the whole team scores in each activity.

There was a Vortex throw, Standing Long Jump, 50 metre Sprint and 200m Run. Kieran Sherlock and Rebecca Sheard competed for Year 7 and Kieran Corris and Samantha Gray represented Year 8. Clare Mount came second in the secondary competition against Woodchurch High school, Bebington Sports College and The Kingsway Academy.

The Year 11 Sports leaders supported the event Chelsea Saunders and Ben Powell lead a great warm up for all the competitors. Harry Le Feurve, Alex Hughes-Jones and Henry Hibbert-Jones all lead on an event and put their fantastic leadership skills to good use.

Well done to everyone involved!



From Strength to Strength

In the build-up to the Rugby World Cup, Clare Mount has created an exciting new partnership with the Underground Training Station (UTS) which is co-owned by England Rugby Strength and Conditioning Coach, Neil Parsley.

Neil ran a masterclass for 16 staff from local schools and the UTS team also put our pupils through their paces as part of National School Sport Week.



Athletic Inspiration

A group of pupils from lower school enjoyed an athletics masterclass with GB and England long distance runner Jonny Mellor.

Jonny is a former pupil at Pensby Sports College who competed for England at the Commonwealth Games and has run under a 4 minute mile. Jonny passed on some training tips to pupils. We wish Jonny all the best as he tries to qualify for Rio 2016 and will follow his journey with interest.



Talent Inspiration Programme:

Congratulations to Paul (Year 9), Chris and Henry (both Year 11) who have been invited as athletes to a Talent Inspiration Camp in Manchester on the 24th September 2015 as part of the School Games. The trio will be joined by Callum (Year 9), Sarah and Sophie (Year 11) who have also been invited to attend as Team Managers.



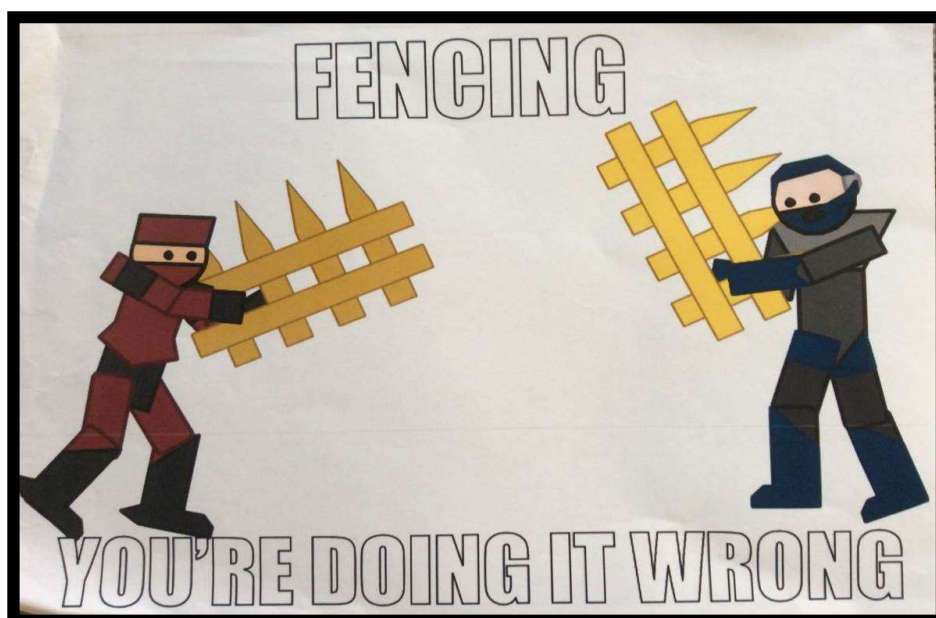
UNLEASH YOUR POTENTIAL

National School Sport Week Showcase

22nd June – 26th June 2015

The main message of National School Sport Week this year was “Give Me 5” with the target to get every child in school to do 5 hours of physical activity and sport. An amazing week of activities organised by the PE Department and Sports College Team included indoor canoeing, a fencing masterclass with Paralympian Craig McCann, Olympic Day fancy dress, golf, inter-form competitions in cross-country, tennis, table tennis and rounders, and sports day.

Clare Mount was chosen as one of only 5 schools to be showcased by the Youth Sport Trust and Sky Sports News, with a special appearance from in-line skating World Champion Jenna Downing. Pictures and feedback from visitors are included in the next few pages.





National School Sport Week showcase:

“Great day yesterday. Your school, staff and kids did Merseyside proud!!”

Anthony Judge, YST Area Development Officer.





National School Sport Week showcase:
“Thanks so much for such a well organised event – the pupils at your school are amazing, and the activities you arranged were inspiring!” – Clare Walton, YST NSSW Project Officer.



“As always I had another brilliant day at Clare Mount! It was great having Sky Sports News there etc, it created a real buzz for the students in school” – Jenna Downing, Sky athlete mentor.

Youth Sport Trust

National School Sport Week



Congratulations

for taking part in National School Sport Week 2015

Signed: _____ Date: _____

[@youthsporttrust](https://twitter.com/youthsporttrust) #NSSW #GiveMe5

Rugby World Cup Gets Ever Closer

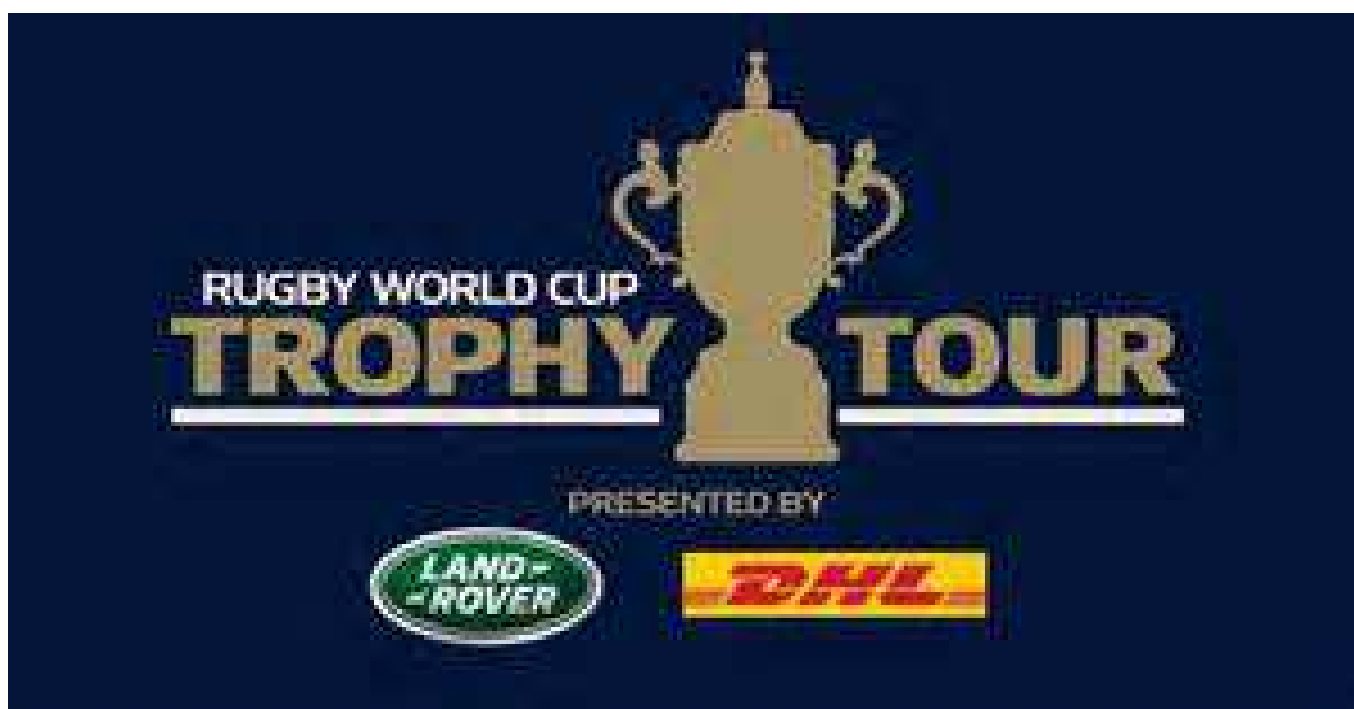
Congratulations to Mr Keefe, ex-students Sam Rigby and Michael Rowlands who have had their places confirmed as members of The Pack for The Rugby World Cup.

All 3 will be volunteering at The England vs Uruguay game in Manchester on the 10th October 2015. Twenty thousand people applied to be part of The Pack, with only ten thousand being invited for interviews and then only six thousand earning places on the programme.



Sam and Michael will be part of Spectator Services directing spectators and giving them help around the ground, whilst Mr Keefe will be part of The Tournament Guests & Protocol Team, looking after VIP Guests which might include former World Cup winning Captains, members of World Rugby or even Royalty. They will all be given kit as shown, and have to attend training in July-August. Watch this space!

The Rugby World Cup Trophy will be making an appearance in Chester on The Roodee Racecourse on the evening of Thursday 24th September 2015. Visit www.rugbyworldcup.com for more information.



Sports Day

On Friday 26th September 2015, Clare Mount hosted its annual Sports Day at The Oval Sports Centre. Following a wonderful Opening Ceremony, organised by Miss Hutchinson, the whole school did a Parade and then a mass zumba to warm-up. Events included athletics, football, boccia and volleyball competitions.

Every form represented the country of a team who has qualified for the Rugby World Cup. All pupils wore red, blue or white shirts, with the whites winning overall in what was a very closely contested event. The form to gain the most points was 8Sh or Ireland. Well done to everyone who took part, and thank you to all staff for their help.





Lancashire County Cricket Experience

In June a group of Clare Mount students had the opportunity to be involved in a day out at Old Trafford Cricket Ground. The day started watching part of the first session of the county championship match between Lancashire and Nottinghamshire, a new experience for many of the pupils.



**Lancashire County
Cricket Club**



This was followed by a coaching session in the Indoor Cricket School which was run by a Lancashire Cricket coach. In the picture below we see Luke as he was just about to hit a boundary 4 with Sam very focused behind while keeping wicket.

After enjoying some lunch the students took part in lots of different skill challenges which had been laid on by Lancashire County Cricket Club. A fun experience was had by all!



THE WIMBLEDON EXPERIENCE

Beyond The Baseline

LTA BRITISH
TENNIS

AEGON



At Wimbledon, nice and early
outside court number 2.



With last year's singles' winners.
Well – nearly!



We received a warm welcome from Phil from
the Wirral who puts on the Grand Slam tennis
roadshow at Wimbledon.

Trying out the activities in the 'Play
Tennis' zone





Watching Jonny Murray (British Wimbledon doubles champion) practice.



Taking our lunch in the shade of court number 1 and waiting for the minute's silence.



Strawberries and cream outside Number One court.



Championship point!



Ace!

LIVING STREETS

PUTTING PEOPLE FIRST

Living Streets Creative Concept - "Talking Shoes"



Working with the Drama Department, Sports College arranged for 7 pupils from Clare Mount to be involved in filming for a new "talking shoes" promotional video which will go around schools across the Country from September.



Clare Mount has built on the success of 'Beat the Street' last year by encouraging pupils to walk around the school yard or athletics track in extra-curricular time to boost their activities levels.

Thousands of laps have been completed and 20 pupils have had rewards of £10 high street vouchers from Living Streets - hence, our involvement in the new promotional video. Pupils had to simply have conversations about the benefits of walking and their voices will be matched to "talking shoes" similar to the animals from Creature Comforts.



Next year we plan to use the GET SET Road to Rio app to track our walking as we try to walk to Rio.



Clare Mount Sports College Girls' Cricket team competed at Wallasey Cricket Club in the Wirral School Games. They were very nervous but they just got better and better. In the last match we narrowly lost to Ridgeway. Thanks to Mr Kearney and Ms Evans for their support.



The players listen to the competition rules being explained.



Tossing the coin to decide who bats or fields against Upton Convent School (whose sense of fair play and sporting respect was exceptional).

Clare Mount's Boys' Cricket Team competed at Irby Cricket Club in the Wirral School Games. The team competed very strongly against South Wirral High School, Ridgeway High School and were able to win the match against The Mosslands School.

The match was won on the final ball with a six by Martin. It was a tremendous performance and a great win against a very strong team. Once again a big thank you to Mr Kearney for scoring each match, inspiring the boys and providing technical and tactical guidance.



Irby Cricket Club was a fine venue for the competition. This is the window (protective glass) Martin hit with a fine 6 to win the match against The Mosslands School.



The Clare Mount boys' cricket team relax prior to playing Ridgeway High School.

Wirral Wheelchair Hub School

In partnership with Woodchurch High School, Clare Mount co-ordinates the Youth Sport Trust Wheelchair Sport hub. Every Friday there is the opportunity to take part in wheelchair sports at the hub club from 3pm until 5:30pm. This is at Woodchurch Sports Centre. Anyone and everyone is welcome to the hub.

This month we hosted a fencing masterclass with Craig McCann, a Paralympian fencer. Pupils from Woodchurch, Meadowside and Hilbre took part in fencing activities for a whole morning.

Craig was fantastic with everyone and will be coming back to the Wirral in 2015-16 to be involved with our leadership work with Bebington Sports College. Thanks to Premier Sport for providing the fencing equipment.



Craig with Jonny Rimmer from Hilbre School



Fencing activities with Paralympian Craig McCann.

Junior Club Champions

10 pupils travelled to Chadderton, Manchester to receive training on how to become a Junior Club Champion:



Junior Club Champions are young people aged 14-19 who use their inspiration, ambition and energy to encourage other young people to make the transition from school to community sport and become sports club members.

They act as the link between their school and their sports club and are able to demonstrate to young people, with varying levels of ability that they too can benefit from being part of a community club.

Junior Club Champions work with clubs to help them to understand the needs of different types of young people and ensure that when young people take the step to move from the school to the club environment, they have a positive experience when they get there for the first time and continue to become regular participants in club sport.

They are positive role models who can promote and advocate the benefits of joining a club to young people, within schools and support their own clubs to recruit new members.

Many of the Junior Club Champions are now members of their club's committee holding positions of responsibility such as junior club representatives.



Our Junior Club Champions work on their action plan for when they get back to school as they receive their training at St. Paul's RC School, Manchester.

Premier League Reading Stars



We have been using football to help improve pupil's reading skills. After the visit to the Etihad Stadium, Manchester (home of Manchester City) in March we have followed up with lunchtime sessions on a Tuesday. Currently we are reading Tom Palmer's popular book 'Football Academy'.

Reading Stars will continue in the autumn and will have activities linked to the new football season.

Well done reading stars!



Reading Stars with some of the books we have been using to improve our reading skills.

Transition

On Wednesday 8th July Year 6 students who will be joining Clare Mount in September came to us for the day. They met their new Head of Year, Learning Mentor and Form Tutors, and had a chance to get to know their new friends in preparation for year 7.

Students spent time in the Sensory Room, which they loved, and learnt to use the outdoor gym equipment with PE staff. A fantastic time was had by all and we are looking forward to welcoming them to Clare Mount in Year 7.



All our current students are now with their new form tutors and TAs ready for next year. Starting transition early means that students are ready to start with their new year group in September knowing who they will be working with and where their room will be. This helps everyone to settle in quickly as we are already prepared for the changes in advance.

Ms Rowland



Have a guess!

Which Year 9 pupil is wearing the fencing mask?



Olympian Brian Barnes came to school to talk to pupils about being a Paralympic Torch Bearer in 2012. Brian competed at the 1952 Helsinki Olympics, but can anyone remember what sport he competed in?

Which teacher bravely lay on the floor whilst an in-line skater jumped over her?

Answers at the bottom of the second page following.



New Menu at Clare Mount

Recently the school saw the trial launch of our new dinner menu. Chosen by you and created for you, Executive Head Chef Darren and Lesley from Edsential have been working with our excellent catering team to create “*Savour the Flavour*” Clare Mount’s exclusive menu, designed to fill you up with nutritious well balanced meals to help you learn, live and grow.



Our resident food critic Harry was very anxious about the changes to school dinner menu. As a self-confessed fussy eater Harry considered swapping to packed lunch this week. However, Harry decided to give the dinners a try! **SUCCESS** – “I’m really glad I stayed on school dinners, the meals looked amazing and they tasted were delicious and they are good for you! Everyone should eat Clare Mount School dinners.”



Locally supplied ingredients, freshly prepared at Clare Mount.

Guaranteed service with a smile every time!



Thumbs up all round School dinners have been fantastic success with pupils and staff

change 4 life
Available every day: Freshly baked bread, seasonal salad, fresh fruit platter, organic yoghurt, semi-skimmed milk and chilled water. For allergen information, please ask one of our Catering Team.

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausages with Mashed Potatoes and Gravy or Quorn Toad in the Hole	Spanish Chicken with Savoury Rice or Pasta in a Tomato & Fresh Basil Sauce	Roast Pork & Stuffing with Apple Sauce, Roast & Mashed Potatoes & Gravy or Mild Chili Carne w/ P	Cottage Pie with Sweet Potato Mash or Sweet & Sour Vegetables with Stir-fried Noodles	Harry Ramsden's Fish with Lemon & Tartare Sauce or Stone baked Cheese & Tomato Pizza
served with Curly Kale & Baked Beans	served with Continental Style Roast Vegetables			served with Baked Beans & Peas

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Salsa Enchiladas with a Sour Cream Dressing or Jacket Potato with a Mild Three Bean Chilli	Beef Meatballs & Whole Grain Pasta with a Tomato & Basil Sauce or Feta, Spinach & Red Pepper Quiche with Baby Potatoes	Roast Chicken with Sage & Onion Stuffing, Roast & Mashed Potatoes and Gravy or Vegetab'	Spaghetti Bolognese with Garlic Bread or Stuffed Peppers with Herby Ratatouille & Couscous	Baked Salmon with Lemon Mayonnaise or Stone baked Cheese & Tomato Pizza
served with Corn on the Cob & Peas	served with Whole Grain Bread			served with Fries & Peas

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bun with Potato Wedges & Baked Beans or Aubergine & Courgette Risotto with Parmesan	Garlic & Herb Chicken with Baby Roast Potatoes or Macaroni Cheese with Tomato Bread	Roast Beef with Yorkshire pudding, Roast & Mash Potatoes & Gravy or One Crust Bean Pie Stuffed with Mediterranean Vegetables & Kidney Beans	Pulled Pork with BBQ Sauce in a Jacket Potato or Pasta in a Tomato & Fresh Basil Sauce	Breaded lemon Sole & Tartare Sauce or Vegetarian Burritos with Mexican Relish
served with Corn on the Cob	served with Broccoli & Baby Carrots	served with Green Beans & Roast Parsnips	served with Continental Style Roast Vegetables	served with Chips, Baked Beans & Peas

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausage with Scrambled EGGS, Mushrooms & Fresh Tomato or Root Vegetable Cobbler with Fresh Herb Scones	Braised Beef in Gravy with Yorkshire Pudding & Baby Potatoes or Vegetable Lasagne with Garlic Bread	Roast Turkey & Cranberry Sauce, with Potatoes & Gravy or Spinach, Feta & Filo Pie with Jacket Potatoes	Spaghetti Bolognese with Garlic Bread or Vegetable Biryani	Seaside Style Fish Goujons with a Lemon Wedge or Stone baked Cheese & Tomato Pizza
served with Baked Beans and Hash Browns	served with A Sa...	served with Carrots & Curly Kale	served with Cheese & Peas	served with Sweet Potato Fries Baked Beans & Peas

CHILDREN'S FOOD TRUST
Eat Better Do Better

food for life
BRONZE

Answers to 'Have a Guess!'

- 1) James F
- 2) Swimming
- 3) Mrs Sharp



Clare Mount is moving to show progression in all subjects using colours based on the rainbow spectrum.

The Colour Chart for Reading Scores will now be as follows:

	Free Reader
	80 – 85
	75 – 80
	70 – 75
	60 – 70
	50 – 60



School Year

2015 – 2016

Open (Staff only)	Tuesday 1 st September 2015
Open (Students)	Wednesday 2 nd September 2015
<i>Closed</i>	<i>Friday 2nd October 2015</i>
Close for half-term	Friday 23 rd October 2015
Open	Monday 2 nd November 2015
<i>Closed</i>	<i>Monday 30th November 2015</i>
Close for Christmas	Friday 18 th December 2015
Open	Monday 4 th January 2016
<i>Closed</i>	<i>Friday 29th January 2016</i>
Close for half-term	Friday 12 th February 2016
Open	Monday 22 nd February 2016
<i>Closed Good Friday</i>	<i>Friday 25th March 2016</i>
<i>Closed Easter Monday</i>	<i>Monday 28th March 2016</i>
Close for Spring Break	Friday 1 st April 2016
Open	Monday 18 th April 2016
<i>Closed May Day</i>	<i>Monday 2nd May 2016</i>
Close for half-term	Friday 27 th May 2016
Open	Monday 6 th June 2016
<i>Closed</i>	<i>Friday 24th June 2016</i>
Close	Thursday 21 st July 2016

All five staff training days shown.
School closed for students on these days.

Advance Warning for 2015 – 2016

Autumn Term 2016:

Open (Staff only)

Mon 5th September 2016

Open (Students)

Tue 6th September 2016

Return to School for Students

Wednesday 2nd September 2015

Year 10 Duke of Edinburgh Award Bronze Expedition



The Bronze Expedition was good because...

... it was fun (Ben)

... I liked it that we could go to bed (Daisy)

... we managed to have ice creams and be with our friends (Wayne)

... I got to cook my own food on a camp stove! (Jimmy)