

# Clare Mount Specialist Sports College

Newsletter May 2019

No. 141

[www.claremountssc.co.uk](http://www.claremountssc.co.uk)



A recent visitor to our school garden

Dear Parents/Carers,

Once again our summer term has got off to a flying start with a steady stream of events: fundraising activities, sports tournaments, residential trips and exams.

The last week of spring term saw two members of staff and eight of our pupils fly out to the Sixth International Schools Federation World Sports Games in Athens, Greece. This was an opportunity of a lifetime and the pupils were incredibly proud to represent England and of course Clare Mount Specialist Sports College as they participated in unified sports events.

The GCSE exams are now underway and pupils and teachers alike are working hard to make sure the results reflect the potential of each and every one of our pupils sitting exams. We wish them all good luck!

Many of our Year 7 pupils headed off this term for the annual residential trip to Barnstondale. Once again the children had a fabulous time, enjoying the wide range of activities on offer.

Our Community Café will now open for a Friday morning with Mr Vasey offering parents/ carers a chance to meet up and have an informal chat, support each other. As always the café is also open Wednesday afternoons from 1.30pm - 3.00pm during term time for our school community, so come along and be waited on by our very own Sixth Form students.

I am delighted to report that Clare Mount Specialist Sports College has been shortlisted for a Pearson's Teaching Award, which recognises and celebrates excellence in education and exceptional teaching. If lucky we will attend a glittering awards ceremony televised by the BBC!

Looking forward, next term promises to be a busy but exciting few weeks with our 6th Form and Year 11 leavers visiting colleges and next year's year 7 visiting us. The Friends of Clare Mount are already busy preparing for a fundraising Car Boot Sale taking place on Saturday 8th June and our fantastic Summer Fair Saturday 13th July.

I hope you enjoy the half term holiday and I look forward to seeing the pupils come back into school on Monday 3<sup>rd</sup> June.

Kim Webster  
Headteacher



As a part of our journey to earn the UNICEF Silver Rights Respecting School's Award, students across all year groups have been learning about the Convention on the Rights of the Child (CRC). They have been doing different activities to help develop their knowledge and understanding of what a 'Right' is, as well as learning about all the Rights they have. These include a Right to an Education, a Right to be listened to and have their opinions taken seriously, as well as a Right to clean water, healthy, nutritious food and medical care. Please take some time to ask your child to share their knowledge with you.

Mrs Boyle



## A visit from an Atlas Moth

This week Clare Mount had a visit from an Atlas Moth, which is the largest species of moth in the world. Students enjoyed the awe and wonder of the spectacle for only a short time as these moths have no mouth parts and sadly die within a week of coming out of their cocoon.

Ms Evans



# JumpIN

JumpIN, our Integrated Contemporary Dance Company, performed on Friday 10<sup>th</sup> May at Liverpool John Moores University, alongside Dance Degree students. Students from Clare Mount were AMAZING! They have been working hard during rehearsals over the past 2 months and created a fantastic carnival style dance piece! A special 'Thank You' to Mr Vasey who played live accompaniment throughout the dance. Very well done all!

Mrs Poynton





# Summer Fair

Clare Mount Specialist Sports College

Fender Lane, Moreton



Saturday 13<sup>th</sup> July  
2019

11 am—1 pm



**ENTERTAINMENT FOR ALL AGES**



Bouncy Castle

Refreshments

Raffle Prizes

& much more!

Entrance: Adults £1.00

Children 50p

Children under 5 free





The Post 16 Expressive Arts group spent the morning of the 2nd May in Port Sunlight, at the Lady Lever Art Gallery. We travelled by train and then walked, passing some beautiful houses that initiated conversations about the area. We stopped to admire the huge statues too.

Once inside the gallery the students were inquisitive about the old furniture, intricate ceramics and art work from local schools. One student said that she couldn't wait to get home and draw the things that she had seen in her new sketch book with Mona Lisa on the cover!

No trip is complete without exiting through the gift shop (to quote Banksy) so we had a quick look around and even managed a quick break in the café.

All students were fantastic and asked lots of interesting questions.



## Clare Mount shortlisted for another prestigious Award!



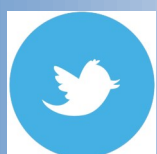
Two weeks ago Clare Mount found out that we were finalists for 'The Award for Secondary School of the Year' organised by the Pearson National Teaching Awards. Two of the judges visited Clare Mount on 11<sup>th</sup> May and stayed for over 3 hours. In that time they observed lessons, met with the school council and interviewed some of our expert staff. The judges went away full of praise and excitement at what they had experienced at Clare Mount.

The Pearson National Awards recognise and celebrate excellence in education on a national scale. The Awards honour exceptional teaching and culminate in a glittering awards ceremony televised by the BBC. Their vision is a teaching profession with high morale and a society that values and celebrates the great work that is done by teachers and leaders in education. Good Luck Clare Mount!

Mrs Hanley



Following requests from some parents we are now pleased to tell you that we have an official Instagram account. If you use Instagram please follow us at [claremountssc](https://www.instagram.com/claremountssc).



Also, don't forget to follow us on twitter [@ClareMountSSC](https://twitter.com/ClareMountSSC)



On Wednesday, 1st May almost all of Year 7 set off on an adventure to Chester zoo and Barnstondale for a three day and 2 night residential. Most of us tried the lazy river boat trip and we all saw plenty of different animals. Everyone loved the new play area but after a full six hours of fun it was time to leave the zoo and continue our journey to Barnstondale Centre.

We arrived, took our bags to our rooms and went straight for our much needed evening meal. Everyone very quickly got the hang of the mealtime routine and it was lovely to see so many children helping to clear up their own and other people's things. After settling into the rooms, it was time for drumming and marshmallows around the campfire to complete the first action packed day.

The next day saw a full agenda including archery, shooting, climbing, abseiling and teambuilding activities. During the evening, the children enjoyed the tuck shop and their choice of a disco, craft activities, team sports, the sensory garden and the outdoor adventure play area.

Behaviour was fantastic throughout and the children worked hard on their skills of collaboration, cooperation, listening, discussion, leadership, problem solving and following instructions safely.

The next morning everyone packed up their belongings and enjoyed another morning of activities before having a barbecue lunch and heading back to school.

We had mixed weather throughout but nothing put a dampener on the spirits of **#teamY7!**

With thanks for the great support from all parents/carers and from the staff involved in the trip.

Also, grateful thanks to Vimto Soft Drinks plc for the kind donation of Vimto cartons.

Mrs Croucher



# history

loved used thought game stories family learn actually etc hooked passionate  
know especially told first ever Ancient History interested interesting still  
never since good times like back always also take go teachers remember understand  
read think reading historical War got time different World American  
find anything Teacher knowledge story much one school just stuff things way even general  
two quite young little really age Roman games education Europe Revolution years grade made lived even general Rome day every enough

## The Romans

This term, in the History department the Year 7's have started their new topic on the Romans. The students' have been learning about what the Romans did for us and their inventions that we still use today. The year group have particularly enjoyed learning about the Gladiators and the Roman army. The students' all took it in turn to have a go in the Roman armour and design their own.



## The Wonders of the Amazon Rainforest

The Year 9s have been exploring the wonders of the Amazon Rainforest and the tribes that inhabit there. They have designed and made fantastic Amazonian masks. Students have learnt how different their everyday lives are compared to the tribes that live in the Amazon.



Miss Grindrod



# Orienteering in Year 7

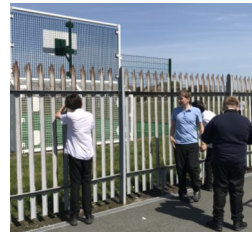


On Tuesday 14th May, everyone from Year 7 joined in a Year group Orienteering challenge around school. Socialising with new people within the year group is one of our aims in Year 7 and after all the hard work pupils put in earlier in the month at our Zoo and Barnstondale trips, this was further improved. Working in mixed

groups, pupils found clues which had numbers and letters to crack a code. Well done to everyone who took part and got involved, showing teamwork and positive attitudes.

Thanks to Miss Grindrod for organising this fun event.

Mrs Croucher



**THANK YOU!**

A huge thank you to Mr Van Hardenbroek for raising in excess of £400 for school through his recent Merseyside Train Challenge. Mr Van Hardenbroek visited all 81 of the Merseyside train stations in one day to raise awareness for Autism during April's Autism Awareness month. He was joined during his journey by one of our Governors, Mrs Ross who will take part in the Wirral Coastal Walk to raise further funds for school.

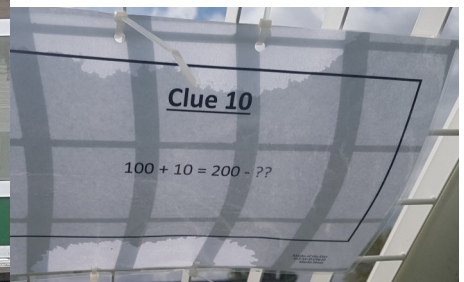
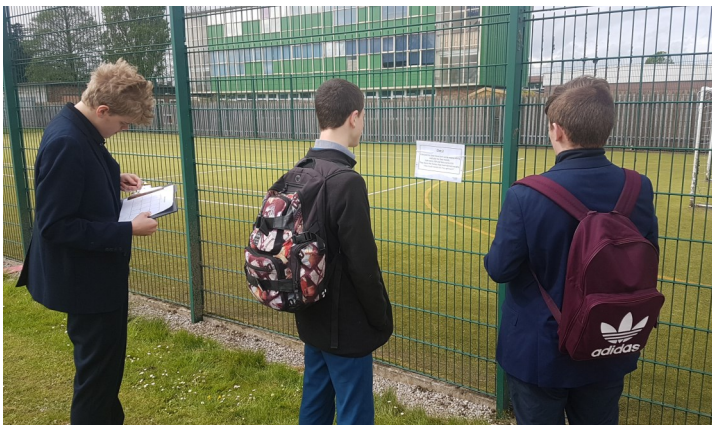


# Active Maths

Since September, students in many classes at Clare Mount have been taking part in Active Maths using the brilliant 'Maths of the Day' software. Why do we do this?

Well, for two reasons really: Firstly, we are trying to minimise the amount of sitting down our students do as it's detrimental to short and long-term health; and secondly, many of our students enjoy learning this way and it can help to understand difficult maths concepts if they're presented in a 'problem-solving' way! Pictured here are our 6th form students completing a maths orienteering course. Throughout the year, more and more of our classes have been trying out active learning and we are hoping to extend it to other subject areas in future.

Mr Byrne



## Eco-Friendly initiative

Mrs Hewitt is leading a drive to recycle crisp packets in school as part of our Eco-Friendly school initiative. Once we have collected enough they will be sent to the Terracycle/Walkers Crisp packet recycling scheme to be recycled and made into other useful items.

Perhaps one day you'll water your plants with a watering can made from your old crisp packets! For more information on the scheme and how you can get involved see <https://www.walkers.co.uk/recycle>. So far our top crisp packet recyclers are Mrs Grindrod's form - keep up the good work!



Mrs Hewitt



**GIVE IT YOUR MAX**  
Gets kids playing tennis

The 'Give It Your Max' tennis lessons have got off to a great start, with 10 pupils taking part every Monday evening. Thanks to Jenna from Bidston Tennis Club for helping us provide these lessons.

Miss Webster



# Sixth Form News

Sixth form have had a half term of employability from Miss Magnall and College visits with Mrs Cooper-Shone. We took the train to Wirral Met and had a great time. We also had Jo Seggi, our Youth Worker come in to talk about alcohol awareness. A very productive few weeks.

We also had active assembly where we made a variety of physical images on the field - all in silence without the teachers!! Brilliant team work.



# Land-Based Studies

Seventeen 6<sup>th</sup> form students have been working hard to earn their BTEC Level1 Award in Land-based Studies, as well as the ASDAN Gardening Short Course. They have been learning about how to correctly use gardening tools, preparing the ground for planting, as well as how to plant seeds and plants. They have enjoyed being able to work outdoors to develop their horticultural skills. As well, they have had a lot of fun working together.

Mrs Boyle



# CLARE MOUNT POP UP COMMUNITY CAFE

*Due to popular demand, the 6th formers will be opening up the Coffee Shop on Friday mornings until the end of term.*

*10.00 am till 12.00*

*Family well-being support programme*

*Join Mr Vasey, other parents & carers  
Speak to the 6th formers*

*It's good to talk and it's better with our home made cakes  
and barista coffee!*



# #LET'S GETS COOKING!



Follow us on Instagram, find your favourite recipe.



8Wi make Frittata's a great recipe to use up left overs.  
Developing knife skills and hob safety



**Equipment**

**Frittata**  
Usina the Hob Safety

**LOVE FOOD**  
Healthy Recipes

Vegetable Knife

Peel and dice the onion

Peel and dice the potato

Whisk the eggs and pour over the potato mixture

W.A.L.T  
W.I.L.F

Health & safety  
Check the cards

Bake at 200C GM6  
for 15 mins until set

2  
2tlt  
1  
2 or 3  
11bs

- To keep up knife skills
- To learn how to use the hob safely
- To follow food hygiene
- Using the knife safely
- Using the hob safely
- Following ALL instructions



Delicious

Egg clouds  
High protein  
Low fat  
Impressive!

Find out what's happening in Food Studies room and up and coming events in the Community Cafe on our new Instagram feed.





## Presenting our Special Olympics

### Unified Sport Partner Liverpool FC Foundation



As part of our coaching and competition partnership with LFC Foundation, Foundation Lead Matty Murphy presented our partnership values to all of Clare Mount's students at Monday whole school health and wellbeing assembly with Mr Byrne.

### Our partnership values:



#### Why it's Important to be Unified!

- Football is a sport for **ALL!**
- Playing football brings enjoyment to **ALL!**
- Football, in different ways, brings **ALL** together!
- Football allows **ALL** to share their experiences regardless of **RACE, RELIGION, SEX, ABILITY or ADDITIONAL NEEDS!**
- School is a place for **ALL!**
- Learning is for **ALL!**
- School is an environment for **ALL** to learn, regardless of the **ABILITY** and **SPEED to LEARN!**



LFC Foundation - The Club's Official Charity

### Being Our Best Version of Ourselves:

#### Your Role



- **WHAT IS YOUR ROLE?**
- To be **THOUGHTFUL!**
- To be **HELPFUL!**
- To be **CARING!**
- To be an **EXAMPLE to FOLLOW!**
- To be the **BEST YOU CAN BE** without using **HURTFUL LANGUAGE!**



LFC Foundation - The Club's Official Charity

Please see the LFC Foundation ask your parents/ carers about attending the coaching sessions at Woodchurch High School on a Saturday.

For more information see the PE Department.

## Liverpool to host 2021 Special Olympics Great Britain



**Liverpool has been revealed as the host city for the next edition of Britain's largest disability multi-sports event.**

Special Olympics Great Britain sees over 2,000 athletes with learning disabilities compete in sports such as football, swimming and boccia. "Spectacular" opening and closing ceremonies will be held in Sefton Park and Echo Arena, the council said.

The event's chairman Murton Mann said he was "proud" it would be held in the "welcoming and inclusive city".

It will run from 4 to 7 August 2021, and returns to Merseyside for the first time since the debut games were held in Knowsley in 1978.

### **'Inspirational event'**

The event will see competitions play out across many of the city's venues, including Greenbank Sports Academy, Wavertree Athletics Village and ACC Liverpool.

Mr Mann said hosting the games in 2017 had been worth £3.2m to Sheffield's economy and "we hope that Liverpool will enjoy similar benefits in addition to the magical and priceless atmosphere this event will create".

Liverpool Mayor Joe Anderson said the city would deliver an "inspirational event" filled with "memorable moments".

"Liverpool will reset the bar for what these games mean and how society treats the issue of intellectual disability," he added.

# PAPAI (Personal Adapted Physical Activity Instructor) “Activity Buddy”



Children with Special Educational Needs and Disabilities (SEND) are not as active as their peers, due to the fact that there is a lack of suitable programmes, activity locations or information around sport. This project is aiming to find solutions to this problem by developing a social support model that helps children with SEND find a suitable hobby. For the purpose of this project PAPAI’s name will be simplified to Activity Buddy.

What is Activity Buddy? The Activity Buddy programme aims to guide young people to a better wellbeing (Physically, Mentally and Socially) by finding a hobby they are interested in. Sports Buddy will act as a hobby friend, instructor, support person and consultant for a young person with disabilities. The programme will last around 4-8 week, this will include meeting the individual and their family, meeting with teaching assistants (TA’s), setting up a direct payment scheme (if they have not done so), planning the hobby, delivering the hobby and a last meeting to discuss what has happened and further aims and objectives.

 <p><b>SPORTS, SPORTS &amp; MORE SPORTS</b></p> <p>Jam-packed with high intensity activities like badminton, netball, boccia, unihook, dodgeball, basketball and many more...</p>	 <p><b>INDOOR ROCK CLIMBING</b></p> <p>For those of you that fancy trying something a little different, we will have a dedicated room to indoor rock climbing...</p>	 <p><b>BOXING &amp; MARTIAL ARTS</b></p> <p>Not just a great way to keep fit, boxing and martial arts are all about control, persistence and poise. We're talking punch bags...</p>	 <p><b>ARTS, CRAFTS &amp; FASHION</b></p> <p>Make a statement and leave a mark on your Youth Zone! Unleash your creativity with opportunities to do murals...</p>	 <p><b>FILM &amp; MULTI-MEDIA</b></p> <p>Are you inspired by cutting-edge technology? Our Media Studio will be a perfect space for you. From film editing, a radio studio...</p>	 <p><b>MUSIC</b></p> <p>Our Music Room will offer members the chance to make some noise and follow their dream. With writing, rapping, mixing...</p>	 <p><b>RESTURANT &amp; KITCHEN</b></p> <p>With all this activity happening at the Youth Zone, you will definitely be working up an appetite. Our restaurant will be serving up...</p>
 <p><b>FITNESS CENTRE</b></p> <p>Also known as our state-of-the-art fully equipped gym. Fit for top athletes, our Fitness Centre will offer advice...</p>	 <p><b>DANCE &amp; DRAMA</b></p> <p>Our specialist dance studio will offer plenty of room to express yourself through a variety of dance styles, from modern...</p>	 <p><b>OUTDOORS</b></p> <p>Explore the outdoors, trek through the wide-open, kayak and climb, sleep by a fire and learn the art of survival...</p>	 <p><b>ENTERPRISE &amp; EMPLOYABILITY</b></p> <p>The world of work can seem like a scary place, which is why we will support our members to develop their enterprise skills...</p>	 <p><b>HEALTH BEAUTY &amp; WELLBEING</b></p> <p>The Way will be a place that you cannot only come and do activities, it will be a place where we will help you develop...</p>		

## Learning mentors?

Please ask the Learning Mentors at school about this scheme.



This term students from Clare Mount have worked very hard in Cricket training after school. They are preparing themselves for a tournament and are learning the rules, tactics and sportsmanship qualities to play and enjoy cricket matches. The club consists of a range of year groups and the students have enjoyed socialising and engaging with students outside of their friendship or year group. I am extremely proud of the efforts and endeavours of the students. All students are welcome to join the club.

Mr Scott and Mr Brooks



ONLY  
£2.50  
PER  
SESSION

# UNIFIED FOOTBALL

IN PARTNERSHIP WITH CLARE MOUNT SPECIALIST SPORTS COLLEGE

AT TRFC RECREATION CENTRE

(MAP AND ADDRESS OVERLEAF)

EVERY TUESDAY:

4PM - 5PM

CHILDREN AGED 11+

ENABLING CHILDREN WITH INTELLECTUAL DISABILITIES TO HAVE INCREASED OPPORTUNITES TO TAKE PART IN INCLUSIVE FOOTBALL

#### CONTACTS:

EMAIL: [FAYEJ@TRANMEREROVERS.CO.UK](mailto:FAYEJ@TRANMEREROVERS.CO.UK)  
CALL: 0151 608 2354

# Respect 4 All



**Foundation**

THE CLUB'S OFFICIAL CHARITY

## Weekly Timetable

Respect 4 All is available for girls and boys with complex and additional needs ages 5+, with groups selected by age ranges to ensure each player is safe. During school holidays, our weekly sessions stop but our Holiday Inclusion Camps will be running through these periods.

### MONDAY Physical & Neurological (PAN) Football

Location	Time	Age Group	Address
ANFIELD	6:00PM	8 - 12	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG
	7:00PM	13+	

Please note, both sessions are played on an outdoor 3G surface. The 6pm session is played on the Cruyff Court, whilst the 7pm session is played on the ASCC Pitches.

### TUESDAY Severe Learning Difficulties (SLD) Football

Location	Time	Age Group	Address
ANFIELD	6:00PM	8 - 16	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG
	7:00PM	17+	

Please note, both sessions are played in an indoor sports hall. Trainers are acceptable footwear.

### WEDNESDAY Visually Impaired & Additional Needs Football

Location	Time	Age Group	Address
ANFIELD	6:00PM	8+	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG

Please note, this session is specific to young people who are visually impaired and also have additional needs. For more clarification on this matter, please contact Dawn.Georgeson@liverpoolfc.com

### Visually Impaired (VI) Football

This session is ran in partnership with Everton in the Community, Merseyside Blind FC and VISPA.

AINTREE	6:30-8:30 PM	8+	Archbishop Beck High School, 55 Long Ln, Liverpool L9 7BF
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## THURSDAY

### Physical & Neurological (PAN) Football

Location	Time	Age Group	Address
RAINHILL	5:15-6:00PM	8+	Rainhill HUB, Rainhill High School, Warrington Rd, Rainhill, Prescot L35 6NY

### Open Disability Football Session for 5 to 8 year-olds

ANFIELD	6:00PM	5 - 8	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG
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### Physical Impairments (PI) & Ambulant Football

ANFIELD	7:00PM	8+	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG
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The term 'ambulant disabled' refers to people with a wide range of disabilities who are not regular wheelchair users. This could include, for eg, people who have Diabetes, Epilepsy, Multiple Sclerosis or more. This session is played in an indoor sports hall. Our Anfield Open Disability session isn't tailored to specific impairments but is designed for coaches to help participants find their most appropriate session once they become 8 years old.

## FRIDAY

### Wheelchair & Powerchair User (WC) Football

Location	Time	Age Group	Address
ANFIELD	6:00PM	5 - 16	Anfield Sports & Community Centre, Lower Breck Road, Liverpool, L6 OAG
	7:00PM	17+	

## SATURDAY

### Severe Learning Difficulties (SLD) & Physical Impairments (PI) Football

Location	Time	Age Group	Address
WIRRAL	10:30AM	5 - 16	Woodchurch High School Sports Complex, Carr Bridge Rd, Birkenhead, CH49 7NG
	12:30PM	17+	

This session is played in an indoor sports hall.

### Physical & Neurological (PAN) Football

WIRRAL	11:30AM	5 - 16	Woodchurch High School Sports Complex, Carr Bridge Rd, Birkenhead, CH49 7NG
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Please note, this session is played outdoors, on a 3G pitch surface.



# Wellbeing

Living healthy & happy

[www.liverpoolfc.com/foundation](http://www.liverpoolfc.com/foundation)





# Clare Mount School's CAR BOOT SALE

**Sat June 8th \*9am-12pm**

**\*Gates open 8am for sellers**

**Hot Food and Drinks Available**

**£10 per table— pre-pay at School Office to reserve  
place**

*Free refreshments for stall holders*

**Call: 0151 606 9440**

**Email: [schooloffice@claremount.wirral.sch.uk](mailto:schooloffice@claremount.wirral.sch.uk)**

