

CLARE MOUNT SPECIALIST SPORTS COLLEGE

No. 148



Photo: Wirral Globe

6th Form Keeping in Touch July 2020



WWW.CLAREMOUNTSSC.CO.UK



YouTube



@ClareMountSSC



@ClareMountSSC

Dear Parents/Carers

Wow, what a half term this has been! Once again I am overwhelmed by how well our pupils and staff have adjusted to the changes in our school and home lives. As our school has opened up to an increased number of children, we have had to adapt new practices and put further safety measures in place to protect our whole school community and comply with Government requirements; this has not been without its challenges, but I can only thank and congratulate everyone for remaining stoic and cheerful throughout.

We have had some great themed weeks this half term, which began with the launch of 'Travel to Tokyo', followed by a fun Eco week. Refugee week was recognised as part of our 'School of Sanctuary' commitment and National School Sports Week included Olympic Day on 23rd June, reminding us of our aspiration for our children to be "Role models & catalysts for change". During Numeracy Week we saw some exciting 'Taskmaster challenges' and finally we have had some great Virtual Sports Days.

We have had much to celebrate, despite the challenging times, and each year group newsletter demonstrates this. In addition, we congratulate Ms Webster on the birth of baby Ella Rose, who was born 29th June, weighing a healthy 7lb 11oz. Both Mum and 'Lockdown baby' are doing well.

As this term draws to a close on Friday 17th July, most members of staff will be taking a well-earned break. Some have volunteered to run our summer school and those Year 6 pupils, who will be joining us next academic year, and many of our current Year 7 and 8 can look forward to a fantastic week of fun.

Sadly, this term we say goodbye to Maths Teacher, Mrs Hewitt who moves on to exciting opportunities within the world of British Sign Language and thank her for sharing her sign language skills with us. We also say thank you and goodbye to Mr Garvey, Science Technician, who goes on to a well earned retirement and to Mr Scott who we thank for his commitment and enthusiasm.

Finally, I would like to wish you and your families a safe and healthy summer break. School opens again to pupils in Years 7 & 8 on Wednesday 2nd September 2020 and to all year groups on Thursday 3rd September, when we hope to welcome everyone back. In the meantime please stay informed by checking our school website for any updates: www.claremountssc.co.uk/

Kim Webster, Headteacher

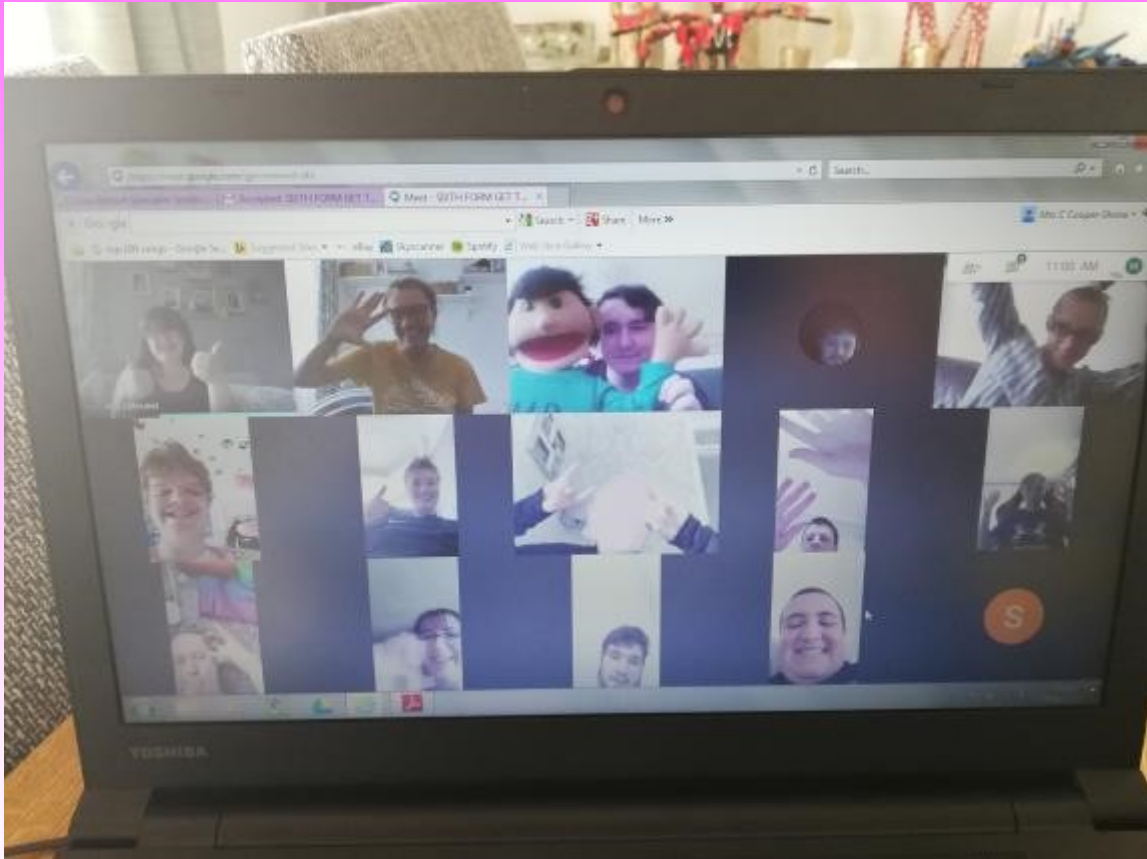
July 2020

A message from the Head of Year:

Even though it was cut short, the Sixth Form have had an epic year! We really do manage to fit a lot in and squeeze the hours out of every day. From learning how to be a Police Officer in full riot uniform, to serving customers at the till in Marks and Spencer; from laughing our heads off at the cinema to laughing our heads off at Calvert, we have made the most of this academic year. It's that time of year when we all reflect on what has passed and for some it's about looking back on the HUGE journey you have been on as you look forward to your fresh start at college in September. As always, I am overwhelmed with pride for you all but this year, you have had to contend with a pandemic so hats off to every single one of you! Parents - well done to you too!! Congratulations on all of your successes throughout the year and have a happy and safe summer. Leavers - keep in touch and go out there with your head held high. 😁 Always be the best version of you and reach for the sky. See you soon.

Mrs Cooper-Shone

6th Form Get Together



A Friday morning catch-up!



Clare Mount is proud to have received certification in recognition of its virtual activities over the summer term!

Important Information about GCSE Exams Summer 2021

Students expecting to take exams and assessments next year, and their teachers, tutors, parents and carers, are understandably concerned about the disruption to their education caused by the coronavirus (COVID-19) pandemic. As a result The Department for Education (DfE) are considering changing the timing of GCSE exams next summer.

It is possible that the exams may be up to three weeks later than normal and therefore highly likely that some students taking GCSE exams will have an examination on Friday 18th June which is listed in our school calendar as an inset day.

If this happens, students involved in the examination will be expected to come into school.

Please do not book any holidays for next June or July until the final examination timetable is published by the exam boards.

Mrs Nokes

FREE SCHOOL MEALS

For any enquiries or concerns about free school meals please email fsmvouchers@claremount.wirral.sch.uk and we will endeavour to respond to you as soon as possible. Please note Free School Meal vouchers end on Friday 28th August 2020 and vouchers can be downloaded from 31st July.

Mrs Egan

A message from Mrs Nokes, Exams Officer:

Dear Parents/Carers,

I am writing to provide information regarding 'Results Day 2020'. Although examinations this summer were cancelled, students will still be awarded results for the qualifications that they were entered for.

These results have been calculated by the exam boards using information provided by your child's teachers based on classwork, mock results and prior achievement.

These results will be issued on Thursday 20th August 2020.

The way we inform you of results is going to be a little different this year so please read the following information carefully

Results will be emailed on the morning of 20th August, to your child's school email address and to the email address we have for you as parents /carers. A hard copy of these results will also be posted on the day.

If your child has an offer of a college place and you are concerned they have not achieved the necessary grades, Ms Evans, Ms Magnall and I will be in school to answer phone queries and provide support from 9:30am to 11:30am.

If you would like further explanation about the grades that have been awarded please email exams@claremount.wirral.sch.uk and someone will be able to ring you back to discuss the results with you.

If you have queries about any of the above, please email exams@claremount.wirral.sch.uk and I will get back to you as soon as possible.

Mrs Nokes



'Travel to Tokyo' Challenge

You will no doubt be aware that this year was scheduled to be an Olympic and Paralympic year, with the main event taking place in Tokyo, Japan. The event has always had great significance for Clare Mount and we have adopted, as our own, the motto of the 2012 Paralympic Games in London; 'Role Models and Catalysts for Change.'

Although the games have been postponed by 12 months, over the course of this half term pupils and staff were invited to help us 'travel to Tokyo' virtually, by walking, jogging, running, cycling, skipping, joining a Zumba session, or doing whatever activity they liked to cover the marathon distance of 42.2 km in 7 weeks (01/06/20 to 17/07/20). This worked out at just over 6km (3.75 miles) per week. If we could get everyone to do this, collectively we should have been able to travel from Clare Mount to Tokyo - a distance of **9453 km!**

Updates were added to the school website regularly and prizes will be awarded shortly for best individual, best form and best year group; just to add a bit of fun competition, but the most important thing has been that everyone got involved and had fun being active!

As this newsletter goes to print we have almost reached our target. To be continued....!

Mrs Grayson





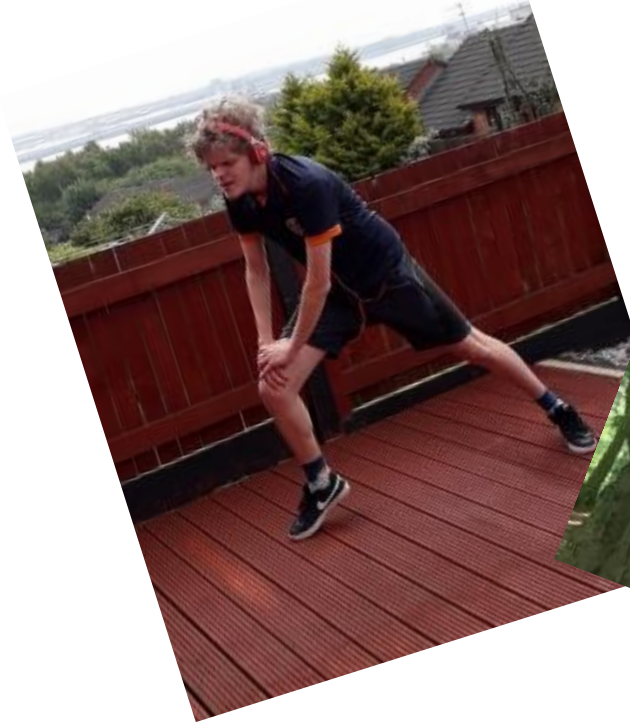
13:26

Summary

All Health Data

Today

Steps	13:22 >
8,277 steps	
Walking + Running Distance	13:22 >
5.9 km	
Headphone Audio Levels	12:07 >
OK	

A young man with headphones is smiling outdoors. He is wearing a dark blue Nike t-shirt. The background shows a paved area and trees under a clear blue sky.

Who has enjoyed...?



Mrs Poynton



Miss Willis



ZUMBA

Instagram LIVE

summer term 2020

Wednesdays 10am &

FRIDAYS 1:30pm



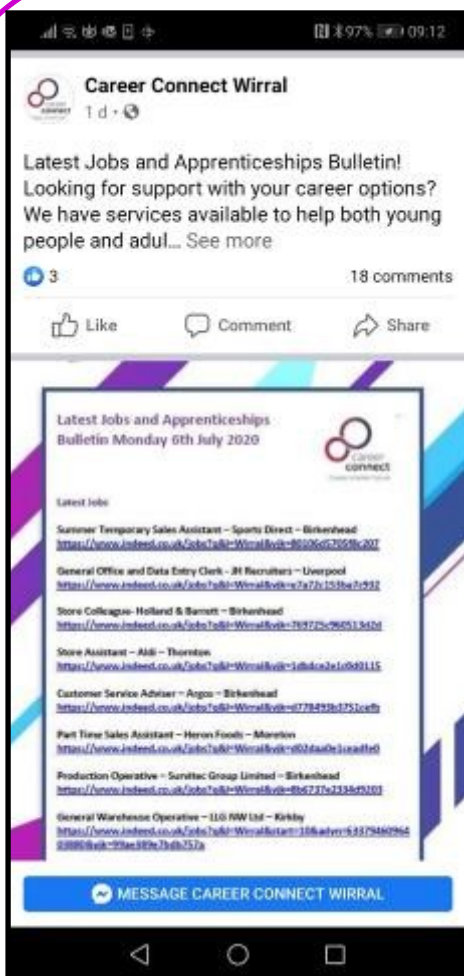
@PE_ClareSSC

CAREERS

Clare Mount Specialist Sports College, is delighted to announce our school is now an official member of the Careers Hub within Liverpool City Region!

Liverpool is classed as a leader in the careers education field and this will mean our school has really fantastic links to the LCR network and access to events run by the LCR and the Careers Hub for our students.

Mrs Cooper-Shone



Careers Connect Wirral advertise weekly jobs and apprenticeship opportunities. Just like them on Facebook and each week they will pop up on your feed!

These will also be displayed in the Sixth Form Centre for students.

There may potentially provide some good employment pathways! Really interesting to see the sorts of jobs available locally too.

Some may offer weekend work.



In celebration of World Environment Day on Friday 5th June, Clare Mount held its own Eco week, 8th to 12th June, to encourage students and staff to focus their attention on the environment and how they can take action on issues threatening our planet.

This year's theme has been Biodiversity (the variety of life forms on Earth), which is declining in every region of the world, significantly reducing nature's capacity to contribute to people's well-being. Organisers of World Environment Day believe that each one of us has a role to play in ending biodiversity loss and preserving nature for human wellbeing. To do this we must:

Learn about what we can do

Share that knowledge with family and friends

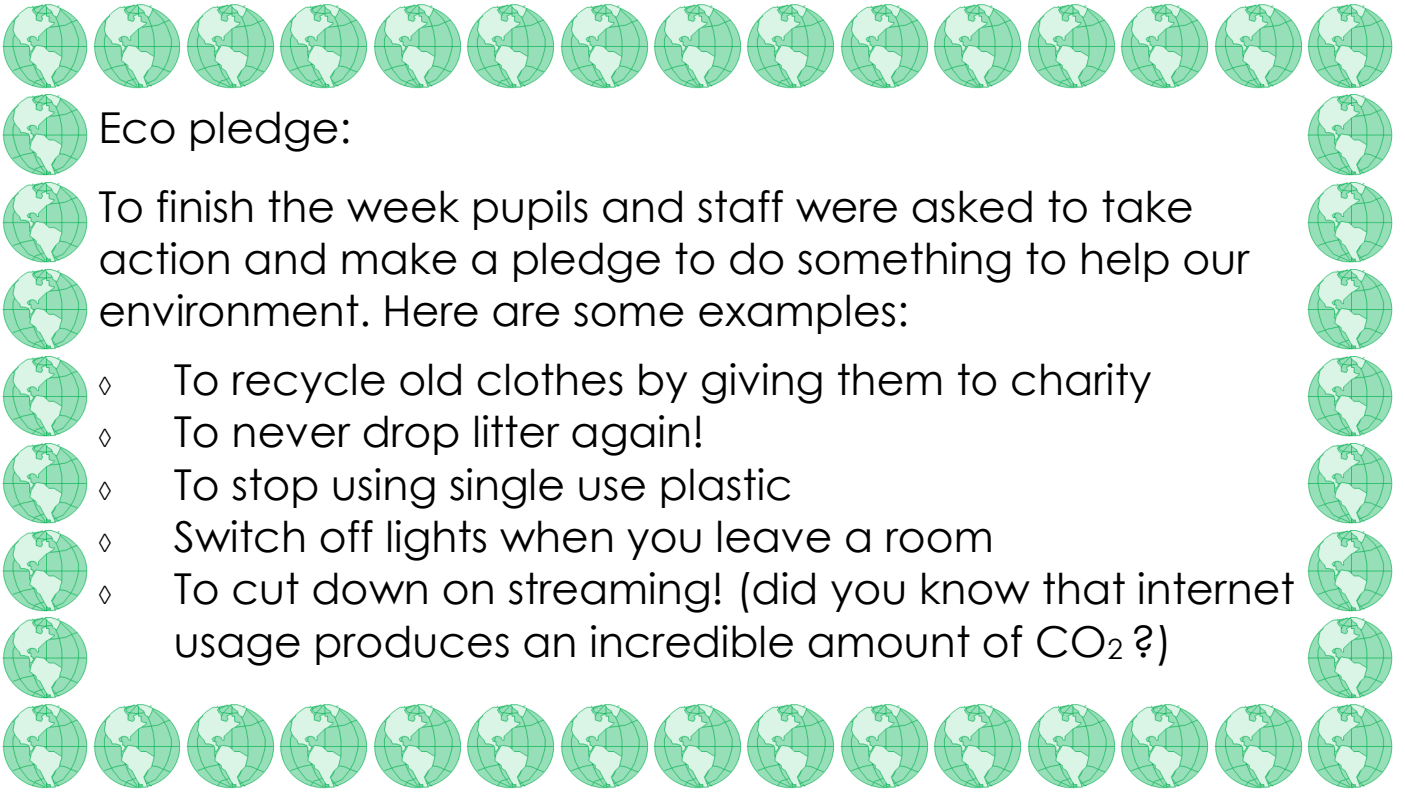
Act on the things we need to change

What did Eco week look like?

Each day we set an eco-activity to do at home. We asked pupils, their families and members of staff to think about the challenge of global warming and environmental issues, as well as thinking about positive ways to respond, by taking part in the stained glass window project from The Liverpool World Centre, either using a template, or by designing their own stain glass window that reflected their feelings about global warming and the environment.

Mrs Nokes

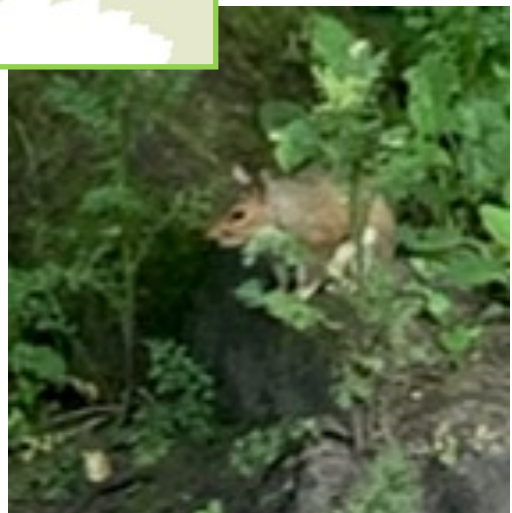
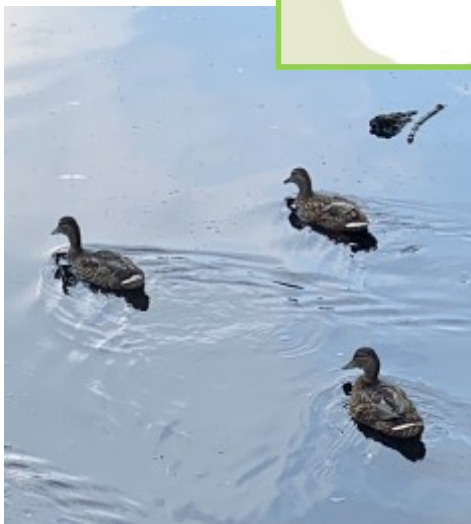




Eco pledge:

To finish the week pupils and staff were asked to take action and make a pledge to do something to help our environment. Here are some examples:

- ◇ To recycle old clothes by giving them to charity
- ◇ To never drop litter again!
- ◇ To stop using single use plastic
- ◇ Switch off lights when you leave a room
- ◇ To cut down on streaming! (did you know that internet usage produces an incredible amount of CO₂?)



Eco Week activities

GET UP AND GOALS!
Global Education Time

Creative Action Campaign

Stained Glass Window

Contact us:
 info@liverpoolworldcentre.org
 www.liverpoolworldcentre.org

Follow us:
 @liv_worldcentre
 @liverpoolworldcentre

Liverpool World Centre



Clare Mount Plastic Bottle Challenge

Task – Create something amazing by reusing a plastic bottle

Why should we reuse plastic bottles?

- A third of all plastic litter found in the sea is made up of plastic bottles
- Each year in the UK around 13 billion plastic bottles are used and only 7.5 billion are recycled.
- Between 5 and 13 million tonnes of plastic leaks into the world's oceans each year to be ingested by sea birds, fish and other organisms
- Plastic bottles require up to 700 years to dissolve.

Examples





For Refugee Week 2020 (15th—21st June) we were invited to do one or more of eight Simple Acts that could be done at home, inspired by the theme 'Imagine'.

Simple Acts are everyday actions we can all do to stand with refugees and make new connections in our communities. During Refugee week pupils were asked to:

- ◆ Imagine — Share your vision for the future
- ◆ Watch a film— Tell a friend, write a review or share on social media using the hashtag #WatchaFilm #SimpleActs.
- ◆ Read a book about Exile
- ◆ Tell a joke — to discover new things about our world and ourselves.
- ◆ Share a song—A song that has crossed borders or a song in another language; a song about home, displacement, or imagining the future.
- ◆ Join the movement—Refugees and asylum seekers need our support and solidarity all year round.

The hope is you'll carry the spirit and energy of Refugee Week with you, and continue to take a stand and welcome refugees.

www.refugeeweek.org.uk/simple-acts/join-the-movement/

Clare Mount is a School of Sanctuary

A School of Sanctuary is a welcoming school for everyone. It recognises the different needs and experiences of all families and seeks to celebrate this diversity.

School of Sanctuary is a part of the charity-based organisation City of Sanctuary which aims to raise awareness of those who are seeking sanctuary and holds the vision that our nations will be welcoming places of safety for all and proud to offer sanctuary to people fleeing violence and persecution.





20th - 26th June



National School Sports Week (at home)

Our partners, the Youth Sport Trust have been helping families to stay active with their daily #StayHomeStayActive activities since March and challenged school communities to go one step further by taking part in the first ever National School Sport Week at Home, from 20th to 26th June. The week gave families, communities, schools and sports clubs the opportunity to take part in a series of virtual sporting challenges which help young people capture the enjoyment, competition and camaraderie they may have been missing out on whilst at home. We asked pupils to:

CHOOSE 	CHALLENGE 	CAPTURE
Choose an activity card and watch Clare Mount staff video linking to that activity.	Can you challenge yourself? Have a go!	Get someone to take a picture or a video of you completing the challenge! Upload or send to form tutor!

Our school timetable of activities is on the next page.








Everything the pupils did counted towards our Travel to Tokyo project too!



Every minute of activity equated to 100m. The more challenges and LIVE classes they took part in, the more





	<u>10am- 10.45</u>	<u>11-12pm</u>	<u>1.30pm</u>
<u>Monday</u>	Zumba LIVE with Miss Willis @clare_mount_pe 	Home Activity with Mr White 	Challenge- Watch the staff member's videos and have a go at the challenge cards! Mr Stanley's Plank Mr White's Keepy Ups
<u>Tuesday</u>	Yoga LIVE with Mrs Poynton @clare_mount_pe 	Challenge- Watch the staff member's videos and have a go at the challenge cards! Mrs Cocoran's Speed Bounce Mis Willis' Star Jumps	Circuits LIVE Mrs Corcoran 
<u>Wednesday</u>	Zumba LIVE with Mrs Poynton/Corcoran @clare_mount_pe 	<u>Home Activity</u> Draw an 'Animal Athlete' Draw an animal playing sport and explain why that animal would be good at that sport. For example a Cheetah doing 100m sprint.	Challenge- Watch the staff member's videos and have a go at the challenge cards! Mr. Atkins Bottle Flip Mr. Byrnes Scavenger Hunt
<u>Thursday</u>	Stretches /mindfulness LIVE with Mrs Poynton @clare_mount_pe 	Send pictures and videos of yourself completing challenges	<u>Home Activity</u> Can you think of time when you have shown honesty and integrity during lockdown?
<u>Friday</u>	LIVE activity with Mr White @clare_mount_pe 	Your choice of activity.	Zumba LIVE with Miss Willis @clare_mount_pe 

All LIVE classes were accessed through the PE Instagram page @clare_mount_pe



23rd June 2020



OLYMPIC DAY



**GET
SET**





Numeracy Week

Well what a fantastic effort all our pupils made in numeracy week this year! The maths department were really impressed with all the pictures of work and activities that we received. Pupils were focusing on CHOOSE → CHALLENGE → CAPTURE and you certainly did all three! There were plenty of activities to choose from including Taskmaster videos, logic puzzles, and other numeracy activities ranging in difficulty. There were different themes for different days with a focus on life skills learning. Each day we had a new:



As well as lots of puzzles and fun activities!

Mrs Hewitt

6th - 10th July Virtual Sports Day

SCHOOL GAMES

Virtual Merseyside School Games 2020
Movement Monday
You can do as many challenges as you like

Daily Challenge
How many of the physical bingo challenges can you complete?

Send your attempts to your local SGO & MSP via #MerseysideSG

Full House
Can you work your way through all the activities on the physical bingo challenge card?
You can adapt the challenge and take a break whenever you like.

Half a house
Can you work your way through any two lines of activities on the physical bingo challenge card?
You can adapt the challenge and take a break whenever you like.

One line
Can you work your way through one line of activities on the physical challenge card? (Use, clean or diagonal)
You can adapt the challenge and take a break whenever you like.

SCHOOL GAMES

Virtual Merseyside School Games 2020
Walking Wednesday
You can do as many challenges as you like

Daily Challenge
How many different items can you spot whilst on a walk?

Send your attempts to your local SGO & MSP via #MerseysideSG

- Can you walk around your house and see how many items you can collect from inside your house?
- What different directions can you walk whilst collecting these items?
- How many items were you able to tick off?
- Can you go for a walk outside and how many of the items you can spot whilst on your walk?
- What different directions can you walk whilst collecting these items?
- How many items were you able to spot?
- If you are at school can you look around your classroom and see how many of the items you can spot?
- If you are unable to walk around the classroom can you create a route on a piece of paper of how you would have got to those items?
- How many items were you able to spot?

SCHOOL GAMES

Virtual Merseyside School Games 2020
Target Tuesday
You can do as many challenges as you like

Daily Challenge
Can you demonstrate ways of hitting a target?

Send your attempts to your local SGO & MSP via #MerseysideSG

- Create 3 targets place them near, middle and far.
From: Near = 5, Middle = 10 & Far = 15 pieces.
3 targets to throw such as socks or balls.
You have 30 seconds to throw at the targets, collect, run back to the start and throw again.
How many pieces will you get?
- Create 3 targets place them near, middle and far.
How many times can you hit a target without missing any?
Once you have missed the game is over, can you try again and see if you can beat your first score?
- Create a number of targets.
Different distance and sizes.
Be creative, and see what different ways can you hit the targets?
Have as many goes as you like

SCHOOL GAMES

Virtual Merseyside School Games 2020
Fun Friday
You can do as many challenges as you like

Daily Challenge
Can you balance equipment such as toilet roll on your head?

Send your attempts to your local SGO & MSP via #MerseysideSG

- 5m distance
Balance something such as toilet roll on your head.
Every time you get to the end of the 5m add another toilet roll.
How many toilet rolls can you balance before they fall off your head?
- 5m distance
Balance something such as toilet roll on your head.
How many times can you go back and forth without the toilet roll falling off your head?
Once it has fallen the game ends. Can you try again and beat your score?
- 5m distance
Balance something such as a toilet roll on your head.
If it falls off, just put it back on your head.
Can you complete a task e.g. Alphabet, times table or sing a song?

Virtual Sports Day



9TH JULY 2020



Programme of Events

8am Launch of Virtual Sports Day
Check School website and Socials for challenges

9.30am Wake and Shake with Miss Willis
LIVE on PE Instagram

10.30am HiiT with Mr Stanley
LIVE on PE Instagram

11.30-1.00pm Keep an eye on the Socials for
staff and pupils completing their challenges.

1.30pm Zumba with Miss Willis

5pm Deadline to submit results and videos



Virtual Sports Day

Thursday 9th July saw our very first Virtual Sports Day and what a fantastic day it was!! We set six challenges for staff and pupils focusing on our My Personal Best characteristics. The challenges tested your self-discipline, resourcefulness, self-belief, concentration, and resilience

It was great to see everyone having a go and submitting their results for their year teams.

Each pupil and staff member were awarded points for completing the challenges and bonus points were awarded for highest score, and submitting videos or photographs.

The results are in!!!

Individual Challenge Winners:

- Challenge 1 - The Plank - Brandon Y10
- Challenge 2 - Treasure Hunt - Jordan 6th Form
- Challenge 3 - Keepy Up - Claudia Y8
- Challenge 4 - Star Jumps - Amelia 6th Form
- Challenge 5 - Bottle Flips - Joe Y10
- Challenge 6 - Speed Bounce - Brandon Y10

Overall Year Group Winners:

- Gold Medal 2650 pts Year 10
- Silver Medal 2400 pts Year 8
- Bronze Medal 2050 pts 6th Form

Runners Up
Year 9
Year 7
Year 11

Well Done to all Pupils and Staff that participated - prizes and certificates will be celebrated in September.

Keep Active over the Summer

Mrs Grayson and The PE Team

Clare Mount Support Team



Visits have taken place each Friday by the CMST and Mr Atkins. We have enjoyed visiting some of our students and it's been great catching up with them and hearing all about their news.



THANK YOU

On behalf of the Heswall Round Table I would like to thank yourself and the Clare Mount charity team for donating £500 towards the vulnerable family food parcel project.

This money will be used to help families from Clare Mount in this unprecedented time.

J. Scott

Twitter - @Heswallrt

Instagram - @Heswallrt

Website - www.heswallroundtable.com



Each Tuesday Sixth Form explore the World of Work.

Here we see photographs from earlier this academic year when representatives from several trades and services visited the Sixth Form Centre.



Getty Art Museum Challenge

Congratulations to all that contributed to our Getty Museum Art Challenge!!!

We were all so impressed with your artistic interpretations of famous art pieces. If you haven't seen it yet, please do have a look for the video on the Clare Mount Channel of You Tube. The winners are listed below and will receive their prize and certificates when we are all back together in September. Well Done All!!!!!!

- Most Atmospheric – Luke 6th Form
- Most Intense – Luke 6th Form
- Most Avant Garde – Jared 7C
- Most Inventive – Jordan 6th Form
- Best Composition – Laura 7Gr
- Most Authentic – Darrel 7Gr
- Most Contemplative – Luke 8Wa
- Most Mysterious – Joe 10Ba
- Most Creative – James 6th Form
- Most Playful – Carter 9Bo
- Most Dramatic – Lewis 8Wa
- Most Profound – Lucas 7O
- Most Enchanting – Luke 6th Form
- Most Radiant – Jack 7Gr
- Most Emotive – Sophie 9Bo
- Most Refined – Courtney 7Gr
- Most Expressive – Travis 6th Form
- Most Resourceful – Erin 7O
- Most Imaginative – Travis 6th Form
- Most Serene – Luke 6th Form
- Most Impassioned – Winston 7P
- Best Parent Contribution – Mrs Bryce



Mrs Boyle

Most Serene – Luke 6th Form



Getty Art Museum Challenge



Most Creative – James 6th Form



Most Authentic Luke 6th Form



Most Enchanting Luke 6th Form



Most Expressive Travis 6th Form



Getty Art Museum Challenge



Most Imaginative – Travis 6th Form

Most Intense – Luke 6th Form



Most Inventive – Jordan 6th Form



Well done...!

Jordan has been getting stuck in to many tasks at home. He has helped around the house and made his own meals. Jordan has also completed lots of school work and hiked up a huge amount of miles for the Tokyo challenge. He has also achieved his first visit to college and was so excited!

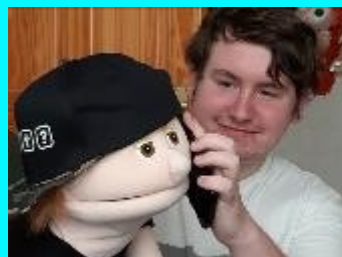
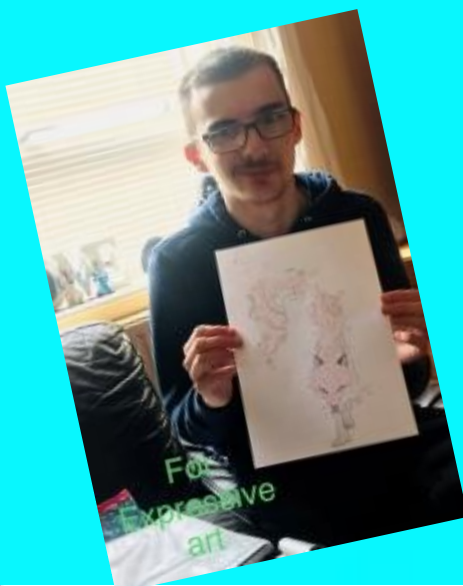
Well done Jordan!



Well done to Luke, who has been helping Mum and Grandparents with gardening and puppy training.



Create Reach Inspire



Term Dates 2020-2021

Autumn Term 2020	
Open to staff only	Tuesday 1 st September
Open to Yrs 7 & 8 pupils and staff only	Wednesday 2 nd September
Open to all pupils and staff	Thursday 3 rd September to Friday 23 rd October
Half-term	Monday 26 th October to 30 th October
Open	Monday 2 nd November to Friday 18 th December
School closed to pupils	Friday 27 th November 2020
Christmas Holiday	Monday 21 st December to Friday 1 st January
Spring Term 2021	
Open to staff only	Monday 4 th January
Open to pupils and staff	Tuesday 5 th January to Friday 12 th February
Half-term	Monday 15 th February to Friday 19 th February
Open to staff only	Monday 22 nd February
Open to pupils and staff	Tuesday 23 rd February to Friday 26 th March
Spring Break	Monday 29 th March to Friday 9 th April
Summer Term 2021	
Open	Monday 12 th April to Friday 28 th May
May Bank Holiday	Monday 3 rd May
Half Term	Monday 31 st May to Friday 4 th June
Open	Monday 7 th June to Tuesday 20 th July
School possibly closed to pupils*	Friday 18 th June 2021 *There may be a GCSE examination on this day

schooloffice@claremount.wirral.sch.uk



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