

Clare Mount Specialist Sports College Newsletter



May 2021

No. 153



WWW.CLAREMOUNTSSC.CO.UK



YouTube



@ClareMountSSC



@ClareMountSSC

Front cover: A few of the competitors in 10K's Le Tournoi.

Dear Parents/ Carers,

I start this newsletter with the fantastic news that Clare Mount Specialist Sports College has been shortlisted for a Times Educational Supplement (TES) Award, which recognises and celebrates our work in the category of 'Alternative Provision of the Year'. I am also delighted to inform you that the success of our Sports College in driving the Department of Education's 'Inclusion Programme' has been recognised both locally and nationally.

As the country has slowly moved forward out of lockdown, we have been following the Government's Roadmap to Recovery and are looking forward to being able to relax our Covid practices. It has been lovely to be able to increase the visits and trips we have been able to offer our pupils and to come together more as a whole school. Indeed, we have even welcomed a newcomer to our school community in the form of Guide Dog puppy Mills, who Mrs Nokes will introduce to all in this newsletter.

Many of our Sixth Form and Year 11 have had the opportunity to visit colleges this term, as they plan and prepare for the next stage in their academic careers. Our Year 11 have also been very busy with their GCSE assessments. We are extremely proud of how well they have coped with the challenges these have brought and look forward to celebrating their results this summer.

We have seen many sporting events this half term with our pupils taking part in Community Sports Nights, 10K's 'Le Tournoi' and Boxing coaching for our Sports Leaders.

Looking forward, next half term promises to be a busy but exciting few weeks with our 6th Form and Year 11 pupils preparing for their Prom night and Leavers' celebrations. Next year's Year 7 will visit us as they commence their transition from their various primary schools and we look forward to welcoming them to our school.

Following the half term break, I look forward to seeing the pupils come back into school on Monday 7th June. I would also like to remind parents/ carers of the Inset day next term, on Friday 18th June. In the meantime, I wish you all a restful break.

Kim Webster
Headteacher
May 2021



**schools awards
2021**

I am delighted to inform you that Clare Mount Specialist Sports College has been shortlisted for the Alternative provision school of the year category in the 2021 Tes Schools Awards.

The online awards will take place on Friday 25th June 2021 at 8pm.

Miss Hanley

Pet Therapy



Our much missed VIP Friday visitors returned; Jane, with her therapy dogs Susie and Daisy, came back into school. The first few weeks were quite a juggling act, being able to enable everyone who had missed their cuddles with the dogs and we had to restrict visits to invitation only. So it was especially exciting when the restrictions lifted and we could mix our year groups to enable every one to share in the chat sessions in the library.

Congratulations to all the Year 11 students who have been working very hard over the past few weeks on assessments that will be used as evidence for their GCSE, BTEC and Entry Level grades.

We are very proud of the resilience and determination you have shown!

Mrs Nokes

Nelson attended a very special day at Chester Zoo as a reward for their excellent behaviour and also as part of their alternative curriculum. It was a brilliant day, enjoyed by all. Nelson have also been studying some of the animals and were able to gain lots of significant information at the Zoo to use in their project lessons. The best part of the day was watching the penguins have their lunch and also going on the boat ride. Well Done Nelson!

Mrs Mault



Food Studies

We have had a busy half term in Food Studies and produced some delicious food. Firstly, I would like to say how much I was blown away by the pupils of 7H when they visited Food Studies as part of their carousel lessons. I have never had a Year 7 group who were so efficient at not only washing up, but also leaving the sinks so shiny, I could see my reflection in the chrome. Amazing!

The boys of 11Ba and 9Wi have worked exceptionally hard, at getting rid of all the weeds in the Food Studies kitchen garden, so fingers crossed, we will have a crop of potatoes, peas and carrots to harvest when we return to school after the summer break. After deciding which vegetables we should grow in our garden, it seemed very fitting to look at different ways of cooking with vegetables. So batches of carrot cakes were produced to share with Clare Mount friends and family.

Across Key Stage 3, 4 & 5, we have investigated multi cultural diets and the Muslim festival of Eid. The corridors of Clare Mount, were filled with the aroma of our chickpea and lentil curry and naan bread. The recipe was a success and I was so proud of all the pupils who tried the unusual selection of ingredients and flavours for the first time. We have a an agreement in Food Studies, that it is fine not to like a dish, so long as you have tasted it, so teaspoons at the ready, they dived into the curries and most gave it a thumbs up, as did the many visitors whose noses led them to the Food Studies room, in the hope of a sample of our tasty cooking.

Just last week, you may have spotted on our social media, the 6th Form Catering crew, practising their baking skills and front of house services, when they invited some of our Student Council for Afternoon Tea, in preparation for the reopening of the Clare Mount Community Café. I am pleased to report that we haven't lost our touch and we received 5 ★ reviews for our services.

Why not try out our favourite recipes at home and email me your results to s.badzire@claremount.wirral.sch.uk

Mrs Badzire



Equipment



Health & Safety
Check the cards

Chickpea & Lentil Curry

Using the Hob Safety



1. Put oil and spices into a frying pan and cook until the spices release their aroma

2. Add the chutney, and puree garlic and ginger. Combine all the flavours

3. Add the chickpeas, lentils and tomato passata. Stir to combine all the ingredients and simmer for approx. 20 mins until the mixture thickens

4. Taste and season your curry with salt, pepper or extra chilli according to your taste buds.

5. Turn off the heat and stir in the greek yoghurt and chopped coriander.

Serve with rice and or naan bread



Dry fry the spices to release their aroma



Frying Pan



Simmer gently for approx. 20mins until thickened. Add 1 dsp plain Greek yoghurt

Optional sprinkle over a handful of chopped coriander

W.A.L.T
W.I.L.F

- To explore multi cultural food
- To learn how to use the hob safely
- To follow instructions
- Using the knife safely
- Using the hob safely
- Following ALL instructions



Simple Naan Bread

Equipment



1 put all the ingredients except the water into the mixing bowl

Add any optional flavouring. Flavour with garlic powder, chili or other flavours of your choice

2. Gradually add the water to make a dough

3. Turn onto work surface and knead for 5 minutes.

Leave the dough in the bowl you make your curry

4. Divide into 2, roll out and cook for 5 minutes on each side under a hot grill or dry frying pan

Hot grill or dry frying pan

W.A.L.T
W.I.L.F

- To learn about consistency
- Portion control
- To learn how to use an oven safely
- Getting the mixture right
- Using the oven safely
- Following ALL instructions

You can flavour your naan bread with dehydrated onion, garlic, coriander, paprika. The amount of sodium and or 1 slice of chopped garlic

Enough water or additional yoghurt / oil to bind



Equipment



Carrot Cake Cupcakes



Topping

Zest + juice + 2 tbs sugar of your choice

Icing, granulated, or sugar cube

Optional + 1/2 tub cream cheese for a frosted topping

Divide into 6 cases

Bake in hot oven 180°C GM4 for 20 - 25mins mins

W.A.L.T
W.I.L.F

- To learn about consistency
- To learn how to use an oven safely
- To portion things evenly
- Getting the mixture right
- Using the oven safely
- Following ALL instructions





Tranmere Rovers fan Lewis received a surprise Zoom call from his favourite player, Liam Feeney, recently, in light of Autism Awareness Day.

Clare Mount Specialist Sports College

Clare Mount's Easter programme saw 52 pupils from Clare Mount, Orrets Meadow and Hayfield school enjoy lots of fun activities as part of the Holiday Activity Fund Programme 2021.





Humanities Subject Stars



The following students have been selected by the Humanities Department for excelling in their subject area this half term. They will be rewarded with a voucher for the Clare Mount Café— Well Done!



Charlie F from 8A1

For outstanding written work on Elizabeth I.

Madison 8G

For fantastic field sketches of the school



Jamie C 8WE

For his positive attitude and increased effort in R.E

Jess K 11J

For demonstrating excellent Customer Service skills



Joel 11Ba

For producing some fantastic pieces of work in his first term at Clare Mount.



Kayleigh 10Wi

For always having a can-do attitude and being positive



Jessica H from 7H

For great progress in History and some lovely work on medieval castles



Nathan 9J

For brilliant ICT skills on his work on Lagos, Nigeria





Sports Leaders visited Venture Boxing for some expert coaching from Head Coach Sean, at the start of term.



Year 10 Boxing



A group of Year 10 pupils have been accessing venture Boxing Club as part of their curriculum PE lessons. Coach Jimmy, has been fantastic with the group, and they had a great first session last week. For some this is the first time they have tried boxing – Mrs Grayson and Mr Rain were thrilled with their effort and enthusiasm and cannot wait to see their progress over the coming weeks.



“This is the best day at school ever” Jess.

“I really enjoyed it, and can’t believe we actually went in the ring” Taylor.

“I can’t wait to go next week” Kayleigh.

Mrs Grayson





Science Club Summer Term Update

Science Club is back!!! There are some new members who have joined the group as well as some more familiar faces who have joined us again. We have been busy doing fun experiments which are all Covid-19 secure. Helicopters and chromatography flowers helped us find our more creative side as well as finding out about the science behind what happened. Using lemon juice as invisible ink was a bit tricky but fun to do and making pictures float was just weird! Next term we will be looking at the science of bubbles and water rockets. New members from KS3 are always welcome. Science Club is held Monday lunchtime from 12.25pm in Lab 2.

Mrs. Fogarty





So impressed were we with the student panel at a recent interview day that our 6th Form catering work-experience students laid on a special treat for them today: Afternoon tea! well done to all involved!

Mrs Stephenson







LIPA was asked by the Tam O'Shanter Farm to create a Community Performance to celebrate both the farm, its history and the environment and Clare Mount Specialist Sports College was invited to take part in this project.

LIPA students came into school to put on workshops using drama and music, to both teach and learn from the pupils, what they know about the farm and the surrounding area and about issues regarding the environment. Clare Mount looked at the first and second World Wars from the point of view of a young person, which also looked at the street parties that took place after each war and various other celebrations too. This process culminated in devising a 10 minute piece for the performance as well as the children having learnt a great deal through the workshops in a focused but fun way.

The production, which took place earlier this month, was shown on-line this week. The performance, which used an overarching narrative to bring all the 6 pieces together, took the audience on a journey , in small groups, to watch each scene unfold. Six different community groups took part, all of whom had not have meet until the day of the performance!





REGISTER TODAY AT

<https://www.cloudforedu.org.uk/ofsm/sims/>

Go online and complete the form

Or Visit our Website

Look at the benefits:

- * A free school meal for your child, which is good for their health and could help their learning.**
- * Savings for you, worth over £350 a year.**
- * Extra money for the school through Pupil Premium.**

If you want further information or any help, we can complete the form for you! Everything you say will be treated in the strictest confidence.

Please contact the school office or email

Schooloffice@claremount.wirral.sch.uk



Rights Respecting Schools Award News



A recent meeting of our brilliant Rights Respecting School Ambassadors . They are all rightly very proud to be advocates for all our students and children worldwide.

Mrs Boyle



The start of summer term saw Clare Mount welcome Mills, our new trainee Guide Dog puppy.

He has already settled in well and has enjoyed meeting the students and visiting some classes.

As you can see, Mills got so comfortable in 7P's classroom that he fell asleep on one of their bean bags.



Mrs Nokes



Celebrating our Year 11 students

Harvey has taken on a new role taking care of the registers to help ensure the safety of our pupils travelling on escorted transport.



Katy has been busy making and selling loom bands and has raised a fantastic £40 for Clatterbridge Cancer Centre.

Tournoi de Foot



10K organised and officiated a football tournament where, whilst skills were awarded through winning games and groups, the qualities of the My Personal Best initiative (which underpins character education in our

school) were used to determine the player of the match in each game. Years 7 through to 6th Form each played individual group games and the top performers made their way through to the semi-finals which will take place after publication so can be included in the next newsletter.

It was amazing to see students getting involved who would normally not take part, staff encouraging and even playing to help out their form groups and finally the 10K boys officiating, organising and assisting every form to maximise their enjoyment of the games.

It was a wonderful initiative to be involved, in alongside My PB, Inclusion 2020 and Youth Sport Trust and it was an amazing "take" on the core values required in my PB, all uniquely organised and driven by 10K with no template to work from.

Here are some wonderful images so far. We will send through semi-finals and final results in the next newsletter.



Preparation for
Adulthood

And Life



Year 11 & Post 16 College Visits



Our students have been so excited to get out and visit their prospective colleges for September. We have been to visit all Wirral Met Campuses and we have also been to Coleg Cambria, Northop & Greenbank College in Liverpool.



The students really enjoyed their tours and some even got to take part in activities.



Miss Magnall,
Mrs Cooper Shone and Mrs Neil





Sixth Formers busy washing hair during Work Experience in the Sixth Form Salon



6Mc and 6V working hard in our garden ready for it to burst with colour after half term.

Any spare gardening equipment gratefully received if you're having a clear out!



FORM

Friday 30th April Sixth Form students had a taster in Preparation for Work in ICT at Conway Park. We made storyboards and had a great time!



A group of senior students had a fantastic morning on a transitional visit to Coleg Cambria in North Wales on 11th May. The college is an amazing site for animal care as you can see from the photographs here!



Conway Park taster session, making cookies!



6th FORM



While some 6th Form students did their Coleg Cambria visit with Miss Magnall the rest went on a mission! As part of ASDAN Environment studies and functional maths pupils walked to Leasowe Lighthouse. We discovered some interesting facts out about it. We also embraced the week's theme of 'connect' by walking and talking with others. While the sun was still shining we hot footed it to The Green Hut. Our 6th Form were so well mannered and ordered food and drinks using their own money. Maximising on the good weather we all sat chatting and sharing stories. What a great morning!

Miss Vicars



Leah in 6th Form has developed an amazing talent for intricate embroidery. Leah is completely self-taught and here you can see some examples of her brilliant work!



FO⁶RM

Mrs Neill treated our 6th Formers to a European Food tasting experience to celebrate the end of our Wider World module for the ASDAN Personal development programme.

We had a fantastic afternoon with Eurovision playing in the background!!



Article courtesy of Wirral Globe

Department for Education Inclusion 2020 Programme - Success is Driven By Clare Mount Locally, Regionally and Nationally.



Mr

Nasen Teacher of the Year, Mr White, has been recognised for his work with a national programme which has given more than 25,000 young people nationally the opportunity to learn new swimming and sporting skills.

White was lead for Inclusion 2020 programme in Wirral and Merseyside. Inclusion 2020 trained young people with Special Educational Needs and Disabilities (SEND) in a variety of Paralympic sports, including pupils from across Wirral, and Mr White praised its work ahead of the Tokyo Olympics.

"I am delighted with the national success of the Inclusion 2020 programme," he said.

"Sitting as I do on the national inclusion steering group with partners such as the Department for Education, Swim England, among others, I get to see the unbelievable work Youth Sport Trust Lead Inclusion Schools do across all areas of the UK.

"I work very closely with the Wirral School Games to look at the ways of including all young people in their competitions and festivals.

"Since lockdown finished, the Wirral School Games organisers have been out and about in 15 Wirral primary schools delivering Paralympic Learning and Discovery Festivals with activities in Sitting Volleyball, New Age Kurling, Adapted Badminton and Visually Impaired Athletics.

Continued over....

“The response from the children ahead of the Tokyo Paralympics has been fantastic.

“For example, we worked with Liscard Primary School in Wallasey to make videos to show other schools how to do the activities in the Paralympic Learning and Discovery pack.

“This was all funded by the Inclusion 2020 grant and could not have happened without it.

“Inclusion 2020 programme funding has allowed Clare Mount to offer training in how to make PE lessons more inclusive for girls with autism in two Wirral secondary schools.

“It is a very important programme to support our students on their journey in life towards getting a job, a place at college or an apprenticeship.”

Mr White also praised Inclusion 2020 programme for helping young people with autism cope with swimming lessons, and looks forward to more.

He added: “I know the Youth Sport Trust are confident that the success of the Inclusion 2020 grant can continue with further funding to come.

“I am very proud of the work taking place in Wirral with Inclusion 2020 and look forward to it continuing.”

Ali Oliver, chief executive at the Youth Sport Trust, said:

“Contributing to the excitement and building on the inspiration of the upcoming Paralympic Games, Inclusion 2020 has been a real game changer for so many young people with and without SEND.”

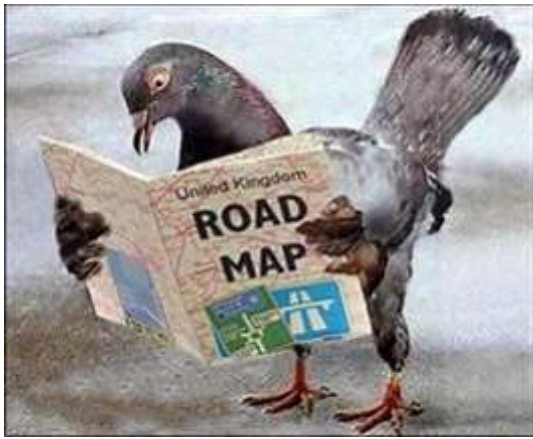
For more information on Inclusion 2020 and to read the programme’s insight report in full, visit www.youthsporttrust.org/inclusion-2020

Tree Planting at Clare Mount

“To reduce climate change; develop our vocational skills



.....and for relaxation and well-being!”



Lost!

We were delighted to welcome into our school a visitor which had lost its way earlier this week—and walked straight into Malala classroom!

The racing pigeon, nicknamed Percy by staff, was soon reunited with its owner when Mrs Fogarty contacted him from the information on the ring on Percy's leg (see bottom left of page).

It was a happy end to Percy's adventure and his owner was delighted to be reunited!



Clare Mount leads the way again in the UK!

This summer 15 primary schools (including Hayfield and Orrets Meadow) will be taking part in training from Major League Baseball! The project is the first time Major League Baseball (MLB) has worked with schools in the UK on this global project (see the article below about the First Pitch programme rollout globally).

Clare Mount are being funded by the Youth Sport Trust to pilot this programme and to coordinate the training for schools. Clare Mount were asked by the Youth Sport Trust and MLB to check that all the resources were inclusive and would meet the needs of all students with SEND or additional needs.



All students in the schools will have the chance to take part in baseball in PE lessons but especially the least active, girls and students with SEND will be given the chance to learn skills, use baseball to develop themselves personally and to take part in a festival here at Clare Mount delivered by the Wirral School Games.

Looking forward to the festival; batter, batter swing and Mr Byrne playing the traditional baseball organ music on the field here at Clare Mount!

Here's a link to the kind of tune we're looking for with hot dogs and a Slushie!!!!

<https://www.youtube.com/watch?v=RcVJVUfXWgU>

First Pitch offers global introduction to game



One of the first steps in growing the game globally is to introduce the game to those who have never previously been acquainted.

Major League Baseball's First Pitch program is a grassroots initiative to create a compelling experience

that inspires individuals to want to participate in baseball or soft-ball regularly, growing not only participation but also a love for the game across the world.

Currently being implemented across three cities and in more than 300 schools in India, First Pitch has aims to increase participation in the country by taking advantage of the unsaturated baseball market, one that has a focus on bat-and-ball sports in particular through its affinity for cricket, and one with a massive population to pull from.

India

India's First Pitch program operates in New Delhi, Mumbai and Bangalore, with the help of six coaches, three city managers and three city leaders. It takes place during the school season and throughout summer and winter holidays. The program creates participation in the sport through development opportunities, assistance in training local coaches, and market research. The pillars of market development in the country begin by increasing participation through First Pitch, then continuing to grow interest in the game with additional baseball content, and responding to demand with live events.

Mexico

In Mexico in 2017, First Pitch focused on former MLB experiences through a Mexico City tour. It travelled through 11 districts and had more than 350,000 attendees. In 2019, the First Pitch program in Mexico evolved into a school tour. The first move was to promote and push the game among kids, reaching more than 150,000 students and families across 10 states and 30 schools during the calendar year.

As the program moves forward in Mexico, its next steps include delving into high schools and colleges, as well as exploring other private institutions. The implementation of MLB First Pitch clinics are also on tap for the future in Mexico. The clinics, wherever they are carried out, are designed specifically to attract new participants to the game, getting bats, gloves and balls into their hands while offering an opportunity to participate in an enjoyable activity. The concept of MLB's First Pitch clinics is also a way for everyone to benefit. Clinics are assets to the hosts, making baseball beneficial to all parties involved, including but not limited to schools, clubs, participants, education bureaus, the broader community and MLB. One goal of First Pitch is to eventually drive baseball into physical education curriculums, so as to automatically increase the youth population of participants in the game.

First Pitch's current focus is at the elementary school level, with a vast amount of space and opportunity to increase new participants within the age group. Elementary students are prime candidates to participate. With more time available to them than might be as they get older, they're at a good age for character-building opportunities, they'll have an easier chance to form teams, and children and their parents are more likely to engage together.

Mr White

Term Dates 2020-2021

Summer Term 2021	
Half Term	Monday 31 st May to Friday 4 th June
Open	Monday 7 th June to Tuesday 20 th July
School closed to pupils Open to staff only	Friday 18 th June
School closes for summer break	Tuesday 20th July



Clare Mount



Community Coffee Shop

If you have missed the most unique and special coffee shop on the Wirral,
you will be pleased to hear that we're back June 9th

Email s.badzire@claremount.wirral.sch.uk

To reserve a table

**Clare Mount Community Coffee Shop is part of our
Work Experience Education Programme.**

**Developing confidence, social, and employability life
skills for our 6th form pupils.**

**Delicious Homemade Cakes. Freshly Brewed Barista Coffee.
Affordable, Welcoming, Inclusive.**

Re opening June 9th

Open Wednesday 10am -12 & 1.30 - 2:55

Come and meet our Friendly Coffee Shop Team

Term Dates 2021-2022

Autumn 1	Wednesday 1st September – Friday 22 October 2021
School closed to pupils*	Wednesday 1st September 2021
½ Term	25th – 29th October 2021
Autumn 2	Monday 1st November-Friday 17 th December
School closed to pupils*	Friday 26th November 2021
Christmas	Monday 20th December -Monday 3rd January
Spring 1	Tuesday 4 th January - Friday 18th February 2022
School closed to pupils*	Tuesday 4 th January
½ Term	21st – 25th February 2022
Spring 2	Monday 28th February – Friday 8th April 2022
School closed to pupils*	Monday 28th February 2022
Spring Break	Monday 11th April – Friday 22nd April 2022
Summer 1	Monday 25th April – Friday 27th May (Monday 2nd May is a Bank Holiday)
½ term	30th May – 3rd June 2022
Summer 2	Monday 6th June-Thursday 21 st July 2022
School closed to pupils*	Friday 24th June 2022
School closes	Thursday 21 st July 2022