

**CLARE MOUNT  
SPECIALIST SPORTS COLLEGE**



**SHOW BULLIES THE  
RED CARD**

# Any type of bullying...



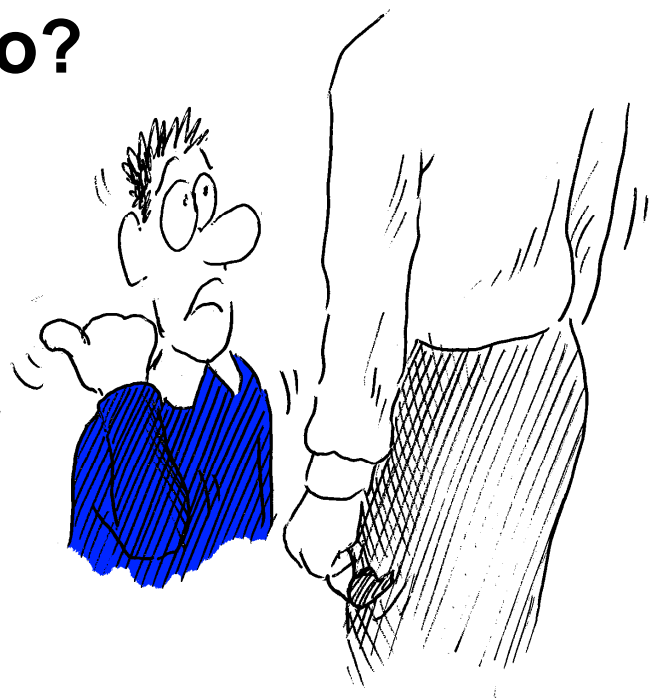
For example

- **Verbal** – name calling, personal comments, threats
- **Non verbal** – making sounds, noises or actions
- **Physical** – kicking, punching, pushing
- **Talking about** – passing on stories about each other or your families
- **Giving looks** – making others feel uncomfortable
- **Cyber bullying** – making unkind text or email messages or unkind messages on social media

## ... is not acceptable at Clare Mount

### What should you do?

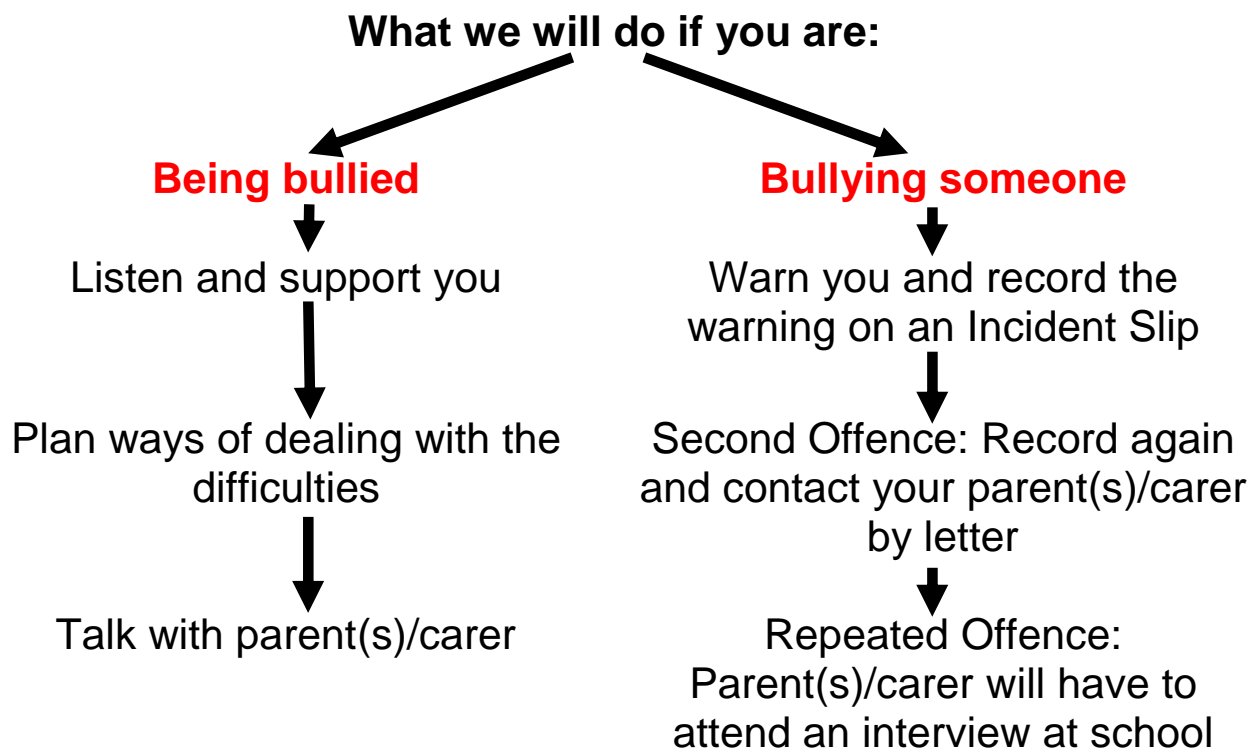
- Try to ignore the bully
- Say **NO** – be **assertive**
- Tell someone in school
  - Form Tutor
  - Head of Key Stage / Year
  - Learning Mentor
  - Teaching Assistant
  - Dinner Supervisor
  - Any Adult
  - Tell a **REAL** friend who will support you



# What will we do?

We will **LISTEN**

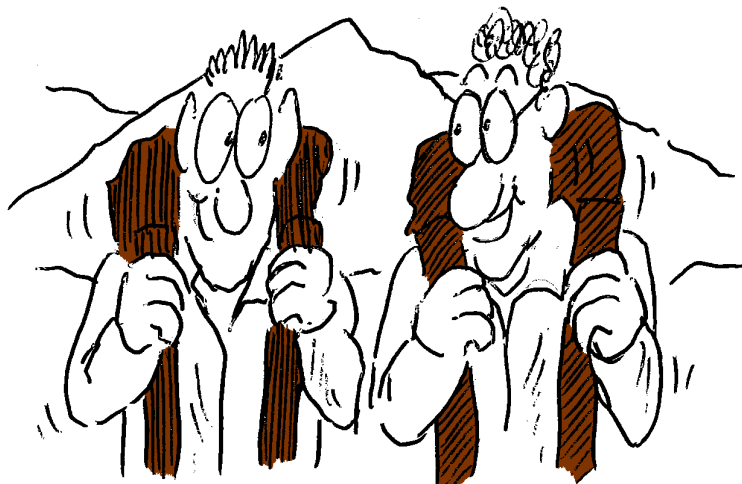
We will investigate and find out; get all people involved together to talk about the problems with a 'No Blame' approach.



**An exclusion will always be considered for any physical attack between pupils.**

## What else do we do?

Tackle the issue of bullying in form time, in assemblies, in units of work in PSHE and also in English and Drama. Residential visits, such as the Year 9 visit to the Lake District, to encourage caring and sharing attitudes.





# REMEMBER!

A problem shared is a problem halved

